"Understanding Eating Disorders" is a seminar course offered to undergraduate psychology majors at the University of Notre Dame.

In the coming spring 2016 semester, it will convene every Monday and Wednesday from 12:30–1:45pm.

This course is "by permission of instructor" only, which means that interested psychology majors should email me (acorning@nd.edu) to express their reasons for wishing to enroll. Space is limited and the demand for the course is high.

If you are considering taking this course and seeking enrollment, **be sure that it fits your class schedule** before taking the first steps to seek enrollment. If you are unsure as to whether you can take it given your pending schedule, do not seek permission: If you were to be admitted, and then dropped the course, another student who is at least as interested would have in the meantime been turned away. Additionally, **if you know that you will not be able to attend class regularly for any reason, this course will not be a good fit for you.** Attendance and participation are required as this is a seminar. This means most class days will be heavily discussion-based and there is not a way to make up this type of learning.

If the class time fits your schedule with certainty, the next step is for you to **email me with a compelling statement (a paragraph or so in the body of the email) expressing your reasons for wishing to enroll.**

Once the class is full, registration is complete: No additional students will be admitted and a waiting list will not be maintained, so please do not make such requests. If an absence of space precludes your admission during registration season, you can keep an eye on the class's enrollment during the first week of school, and if you see a space open up, you are very welcome to email me to lay immediate claim to it.

Thank you for your interest in Understanding Eating Disorders.