

# Introduction to Clinical Psychology

**Professor:** Jerry Haefel

**Prof Office Hours:** Typically before class/By Appt.

**Contact:** Email: ghaefel@nd.edu; Phone: 631-9429; 108 Haggard Hall

**Course Web Page:** <http://www.nd.edu/~ghaefel/Teaching.html>

## Learning Goals

The course will introduce you to the field of clinical psychology. Topics will include: classification, diagnosis, assessment, psychotherapy, and research methods for studying clinical phenomena. At the end of this semester, you should: (1) understand why it is important to promote the science of clinical psychology, (2) be able to use empirical evidence to critique the reliability and validity of psychological measures, and (3) be able to list empirically supported treatments for specific forms of psychopathology.

## Textbook

Compas, B.E. & Gotlib, I.H. (2002). *Introduction to Clinical Psychology: Science and Practice*.

## PDF Readings

Go to course webpage and click on "EXTRAS"

## Grading

15% Quizzes  
25% Exam I  
25% Exam II  
35% Final Exam

A (100-93); A- (92-89); B+ (88-87); B (86-80); B- (79); C+ (78-77); C (76-70); C- (69-67); D (66-60); F (<60)

## Important Note

Pop quizzes will be given throughout the semester. The quizzes will cover the assigned reading(s) for that particular class day. So, come to class prepared! Why would I do this to you? Research (Roediger et al., 2006) suggests that students who take quizzes learn more than students who simply study the material over and over again.

Also, I don't post slides. Why would I make you write so much? Research (Chi, 2009) shows that active note taking leads to better student outcomes than passive observing.

Make-up quizzes and exams will only be rescheduled if you contact me before the time of the quiz, and ONLY in cases of sanctioned school activities, illness or other extreme circumstance. Note, that the final exam is cumulative. Also write down the day/time of the final! Dean's approval is needed to change the final exam.

PLEASE contact me if you are having trouble or would like to discuss the material-- stop by my office, email, etc.

## Policies

Academic integrity is expected. The University's Honor Code (<http://honorcode.nd.edu/>) reminds our community of our shared purpose both within the institute of academia and as members of a broader humanity; the statement also outlines policy violation procedures. This means that all submitted work must be your own. You are encouraged to discuss the readings and issues from class with your classmates. However, you must complete all course assignments individually. Remember, "As a member of the Notre Dame community, I will not participate in or tolerate academic dishonesty." If you do not abide by the honor code, you will receive a 0 on the assignment and may receive a failing grade for the course. If you are unsure about whether a particular behavior violates the honor code, then please ask.

## Special Needs

If you have a disability and need accommodations, then please contact the Office for Students with Disabilities (<http://www.nd.edu/~osd>). If you qualify, you will receive a Course Accommodation Letter for me to sign.

# Introduction to Clinical Psychology

## Important Dates

February 16	Exam I
March 25	Exam II
May 5	Final Exam

<u>Date</u>	<u>Topic(s)</u>	<u>Reading</u>
January 14	Introductions and Overview	Chapter 1 & Fish or Foul (PDF)
January 19	Contemporary Clinical Psychology	Chapter 2 McFall's Report (PDF) Newsweek & W. Post (2 PDFs)
January 21	Science & Pseudoscience	Teaching Students (PDF) Why Popular (PDF) Hazards Confidence (PDF) Resistance (PDF)
January 26	Be Theoretical!	Chapter 4
January 28	Research Methods in Clinical	Chapter 3
February 2	Research Methods in Clinical	Stanovich Chapters 6&7 (PDF)
February 4	Classification and Diagnosis	Chapter 5
February 9	Classification and Diagnosis	Frances DSM (PDF)
February 11	Controversies in Diagnosis & Exam Review	Wilson Bullies (PDF)
February 16	*** <b>EXAM I</b> ***	
February 18	Assessment: Overview	Chapter 6
February 23	Assessment: Interviewing	Chapter 7
February 25	Assessment: Cognitive & Self-Report	Chapter 8
March 2	Assessment: Personality & Projectives	Chapter 9
March 4	Assessment: Clinical Decision Making	Howard Garb article (PDF)
March 9 & 11	No Class -- Spring Break	
March 16	Assessment: Behavioral and Biological	Chapter 10 & Neuromyths (PDF)
March 18	Assessment: Expert Testimony	Memory Court (PDF) Lab to Courtroom (PDF) Neuroscience Law (PDF)
March 23	Catch up and Exam Review	
March 25	*** <b>EXAM II</b> ***	

# Introduction to Clinical Psychology

<b><u>Date</u></b>	<b><u>Topic(s)</u></b>	<b><u>Reading</u></b>
March 30	Intervention: Overview	Chapter 11
April 1	Intervention: Overview	Chapter 12
April 6	No Class -- Easter	
April 8	Intervention: Prevention	Chapter 13
April 13	Psychotherapy: Adults & Couples	Chapter 14
April 15	Controversies in Treatment of Adults	Placebo Works (PDF) Why Works Even When.. (PDF)
April 20	Psychotherapy: Children & Adolescents	Chapter 14
April 22	Controversies in Treatment of Children	Why Persist (PDF)
April 27	Psychotherapy: Evaluation	Chapter 15
April 29	Progress Report, Grad School, & Review	Chapter 16
May 5 (TUESDAY)	*** <b>FINAL EXAM</b> ***	

**Note: Final Exam is from 4:15 to 6:15**