

Introduction to Clinical Psychology

Professor: Jerry Haeffel **Prof Office Hours:** Typically before class/By Appt.

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Course Web Page: <http://www.nd.edu/~ghaeffel/Teaching.html>

Learning Goals

The course will introduce you to the field of clinical psychology. Topics will include: classification, diagnosis, assessment, psychotherapy, and research methods for studying clinical phenomena. At the end of this semester, you should: (1) understand why it is important to promote the science of clinical psychology, (2) be able to use empirical evidence to critique the reliability and validity of psychological measures, and (3) be able to list empirically supported treatments for specific forms of psychopathology.

Textbook

Compas, B.E. & Gotlib, I.H. (2002). *Introduction to Clinical Psychology: Science and Practice*.

PDF Readings

Go to course webpage and click on "EXTRAS"

Grading

15% Quizzes
25% Exam I
25% Exam II
35% Final Exam

A (100-93); A- (92-89); B+ (88-87); B (86-80); B- (79); C+ (78-77); C (76-70); C- (69-67); D (66-60); F (<60)

Important Note

Pop quizzes will be given throughout the semester. The quizzes will cover the assigned reading(s) for that particular class day. So, come to class prepared! Why would I do this to you? Research (Roediger et al., 2006) suggests that students who take quizzes learn more than students who simply study the material over and over again. Also, I don't post slides. Why would I make you write so much? Research (Chi, 2009) shows that active note taking leads to better student outcomes than passive observing. This also means you should take your own notes rather than relying on notes from someone else!

Make-up quizzes and exams will only be rescheduled if you contact me before the time of the quiz, and ONLY in cases of sanctioned school activities, illness or other extreme circumstance. Note, that the final exam is cumulative. Also write down the day/time of the final! Dean's approval is needed to change the final exam.

PLEASE contact me if you are having trouble or would like to discuss the material-- stop by my office, email, etc.

Policies

Academic integrity is expected. The University's Honor Code (<http://honorcode.nd.edu/>) reminds our community of our shared purpose both within the institute of academia and as members of a broader humanity; the statement also outlines policy violation procedures. This means that all submitted work must be your own. You are encouraged to discuss the readings and issues from class with your classmates. However, you must complete all course assignments individually (getting notes from someone when excused from class is acceptable). Remember, "As a member of the Notre Dame community, I will not participate in or tolerate academic dishonesty." If you do not abide by the honor code, you will receive a 0 on the assignment and may receive a failing grade for the course. If you are unsure about whether a particular behavior violates the honor code, then please ask.

Special Needs

If you have a disability and need accommodations, then please contact the Office for Students with Disabilities (<http://www.nd.edu/~osd>). If you qualify, you will receive a Course Accommodation Letter for me to sign.

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Important Dates

September 28	Exam I
November 4	Exam II
December 16	Final Exam

<u>Date</u>	<u>Topic(s)</u>	<u>Reading</u>
August 25	Introductions and Overview	Chapter 1 & Fish or Foul (PDF)
August 31	Contemporary Clinical Psychology	Chapter 2 McFall's Report (PDF) Newsweek & W. Post (2 PDFs)
September 2	Science & Pseudoscience	Teaching Students (PDF) Why Popular (PDF) Hazards Confidence (PDF) Resistance (PDF)
September 7	Be Theoretical!	Chapter 4
September 9	Research Methods in Clinical	Chapter 3
September 14	Research Methods in Clinical	Stanovich Chapters 6&7 (PDF)
September 16	Classification and Diagnosis	Chapter 5
September 21	Classification and Diagnosis	Frances DSM (PDF)
September 23	Controversies in Diagnosis & Exam Review	Wilson Bullies (PDF)
September 28	*** EXAM I ***	
September 30	Assessment: Overview	Chapter 6
October 5	Assessment: Interviewing	Chapter 7
October 7	Assessment: Cognitive & Self-Report	Chapter 8
October 12	Assessment: Personality & Projectives	Chapter 9
October 14	Assessment: Clinical Decision Making	Howard Garb article (PDF)
October 19 & 21	No Class -- Spring Break	
October 26	Assessment: Behavioral and Biological	Chapter 10 & Neuromyths (PDF)
October 28	Assessment: Expert Testimony	Memory Court (PDF) Lab to Courtroom (PDF) Neuroscience Law (PDF)
November 2	Catch up and Exam Review	
November 4	*** EXAM II ***	

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<u>Date</u>	<u>Topic(s)</u>	<u>Reading</u>
November 9	Intervention: Overview	Chapter 11
November 11	Intervention: Overview	Chapter 12
November 16	Intervention: Prevention	Chapter 13
November 18	Psychotherapy: Adults & Couples	Chapter 14
November 23	Controversies in Treatment of Adults	Placebo Works (PDF) Why Works Even When.. (PDF)
November 15	No Class -- Thanksgiving	
November 30	Psychotherapy: Children & Adolescents	Chapter 14
December 2	Controversies in Treatment of Children	Why Persist (PDF)
December 7	Psychotherapy: Evaluation	Chapter 15
December 9	Progress Report, Grad School, & Review	Chapter 16
December 16	*** FINAL EXAM ***	

Note: Final Exam is from 4:15 to 6:15