Walk THE Walk WEEK

Left to right, Rev. Theodore Hesburgh, C.S.C., and Martin Luther King Jr.

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Pages M1 - 4 (center section)
BASILICA CLOSED FOR ORGAN INSTALLATION

The Basilica of the Sacred Heart is closed through Friday, Jan. 15, for the next phase of the installation of the new Mundy Family Organ. The Basilica will reopen for the 5 p.m. Vigil Mass on Jan. 16.

While the Basilica is closed, the Holkamp Organ will be removed and work to move the organ to the choir loft will begin. Reinforcement is necessary as the Mundy Family Organ is substantially heavier than the existing organ. In addition, all of the pews in the west transept will be removed to make room for the choir that will begin singing near the interior organ in January. The choir will be relocated back to the choir loft once the Mundy Family Organ is functional.

The new Mundy Family Organ is being designed and built by Paul Fritts and Co. Organ Builders, based in Tacoma, Washington. The organ will be delivered in August 2016. The entire assembly and voicing process will take approximately four months to complete and will be accomplished by the Fritts team at night and during off hours. The organ, in addition to the new flooring, installed in the south transept, was made possible by a donation from Wayne and Diana Mundy.

While the Basilica is closed, all liturgies will be celebrated in the Sacred Heart Parish Crypt. A complete Mass schedule is online at campusministry.nd.edu.

PEOPLE

CUMMINGS AND MOSS RECEIVE MEDIA LEGEND AWARD

The Office of Public Affairs and Communications has chosen Kathleen Spravors Cummings and Candida Moss co-recipients of the 2015 Media Legend Award for their efforts to help advance Notre Dame’s academic reputation.

Cummings, director of the Cushwa Center for the Study of American Catholicism and an associate professor of American studies, and Moss, a professor of New Testament and early Christianity, were among several faculty experts who provided media commentary and analysis related to Pope Francis’ encyclical “Laudato Si’” and his visit to the United States in September.

“Kathy and Candida reinforced the University’s position as a national and international thought leader on the Catholic Church before, during and after the release of the Papal Encyclical in June and during Pope Francis’ visit to the United States this fall,” said Sue Lighter, director of media relations for the Office of Public Affairs and Communications.

“They’re media efforts included appearances on national news programs as well as interviews with reporters from the likes of the New York Times, Wall Street Journal, Chicago Tribune and others. During Pope Francis’ visit, the University was cited in more than 96,000 articles, blog and video media outlets on the international, national and regional levels. Notre Dame and the University’s faculty were viewed as key information sources on the topic of Pope Francis — not solely from a Catholicism and theology perspective, but also in terms of law, politics, Latino engagement, education, business and the environment.”

Cummings called the partnership with media relations an excellent opportunity for faculty members to expand the reach of their classrooms.

Presented annually since 2004, the Media Legend Award recognizes a faculty member who consistently brings attention to the University’s academic excellence through participation in media relations, the web and other communications channels.

WHAT’S NEXT FOR UNIVERSITY CATERING?

New director furthers rebranding efforts

BY COLLEEN O’CONNOR, FOR NDWORKS

One of the first questions new catering director Gary Arthur asked his staff was, “How well did our transition go? Is there more we can do?”

His staff readily agreed that there is more they can do, as they seek to move their newly rebranded department to a higher level of service to the campus community.

“We have come through change, and now we are ready to go from ordinary to extraordinarily,” says Arthur.

In November 2014, opening of the Center for Culinary Excellence on the north end of campus facilitated the relocation of catering operations from the North Dining Hall.

“Whether preparing a dinner for 3,000 or holding a kitchen menu tasting for two, the CCE offers space for collaboration, exploration and teamwork. It also provides the much-needed infrastructure to serve thousands of meals daily. With food, it is about enhanced products, local and sustainable. With service, it is skills development for our staff in order to increase humility, attention to needs and desire to delight our customers,” says Arthur. “We will create experiences, emphasizing creativity rather than just functionality. We want to put artistry back into food service, and craftsmanship into the way things look. We eat with our eyes.”

Arthur’s focus for the “Catering 2016” will be a large sales effort. “We want to try to develop more of a fan base and be able to support our growth. We are a large service element for the University, and we embrace our main goal of supporting the academic mission.”

One of the new initiatives Arthur hopes to put into place is regular, bimonthly “hostings” in the Catering Office where food can be sampled.

“We are very excited with the direction University Catering is headed,” says Chris Baseyasinghe, director of Food Services. “With Gary’s leadership and the passion his staff brings, we have the perfect recipe now to make the experience truly extraordinary.”

Arthur, who has served at Texas A&M, Stanford University and the University of Chicago, as well as several luxury hotel groups, is moved by his welcome at Notre Dame. “It is more of an adoption rather than a welcoming. I recognize that I am part of a family here, and I have not seen that anywhere else.”

WHAT’S NEXT FOR UNIVERSITY CATERING?
Walk the Walk Week begins on King Day, continues in the actions of us all

BY CONI SANDERS, INTERNAL COMMUNICATIONS

It will begin, fittingly, at the Hesburgh Library Reflecting Pool, a serene spot on campus designed to encourage serious thought and meditation. A midnight march will be held at 5:15 a.m. on Monday, Jan. 18, to kick off the University’s celebration of the life and legacy of Martin Luther King Jr. “I hope you will use this occasion to reflect on the values that are so central both to King’s legacy and to Notre Dame’s mission,” the University’s president, Rev. John I. Jenkins, C.S.C., said in a letter to the campus community, describing a series of events taking place from MLK Day on Monday, Jan. 18, through Friday, Jan. 22. The campus-wide observance is being called Walk the Walk Week. The midnight march, and the candlelit prayer service that follows, are the main activities for the week. Faculty, staff and students are encouraged to gather at midnight and join the procession from the Reflecting Pool to the Grotto. Following the prayer service and reflection, the March will end at the South Dining Hall. “The President’s Oversight Committee on Diversity and Inclusion has led a number of important initiatives over the last two years,” Father Jenkins said. “Based on feedback from students, faculty and staff, the Oversight Committee recommended last spring that we take time as a community on Martin Luther King Jr. Day to both celebrate the diversity that currently exists on our campus and to reflect on how Notre Dame might become even more welcoming and inclusive.” The march represents the first, literal steps of Walk the Walk Week. But campus organizers say that the real potential of the weekend’s observance will come from the personal and communal steps that faculty, staff and students commit to take next in their own lives and areas of influence to promote greater diversity and inclusion at Notre Dame. Several other University-sponsored events taking place Jan. 18 will also address the question of “What’s your next step?” There will be a lunch and program at the Joyce Center, a special lunch menu and opportunities for community-building discussions at the campus dining halls and a Celebration Mass at the Basilica at 5:15 p.m., featuring the Voices of Faith Gospel Choir. A number of campus departments are also planning programs honoring King’s work throughout the week of Jan. 18, such as a dialogue on race relations in the U.S. featuring #BlackLivesMatter movement co-founders Patrice Callow and Opal Tometi, a Center for Social Concerns community service fair; a screening of the movie “Selma,” with reflections from Rev. Nicholas Ayo, C.S.C., professor emeritus in the Program of Liberal Studies, who took part in the historic voter rights march from Selma to Montgomery, Alabama; and a performance by Camilla A. Brown & Dancers at the DeBartolo Performing Arts Center. Notre Dame faculty, staff and students are also invited to join the Martin Luther King Jr. Foundation of St. Joseph County in its 10th Annual Martin Luther King Jr. Celebration on Jan. 18. The University is a silver sponsor of the annual celebration, which includes a Community Service Recognition Breakfast, a noon prayer service, a Youth Cultural Program and 2016 Youth Community Service Awards, and a concert at the Morris Performing Arts Center. Visit diversity.nd.edu or calendar.nd.edu to find out more about Notre Dame’s Walk the Walk Week events. For other activities taking place in South Bend, visit sbhiergie.org.

On March 30, 1965, Rev. Martin Luther King Jr., and his wife Coretta Scott King, lead a black voting rights march from Selma, Alabama, to the state capital in Montgomery.

A longtime voice in the dialogue on civil and human rights

It began in 1957, at the Hesburgh Library, when an enterprising law student invited his professor to give a lecture: “We have an obligation at Notre Dame to participate in and learn from the ongoing national and even global conversations on diversity and inclusion,” said Notre Dame President Rev. John I. Jenkins, C.S.C. “Our ongoing dialogue about what it means to be the kind of community we strive to be at Notre Dame and the ways in which, individually and collectively, we can be a force for good in the world, is critical.” But engaging in such conversations, even when difficult, is not new to Notre Dame. From the turbulent civil rights movement to today’s efforts to advance justice and human dignity around the world, the University’s commitment to human rights has been inextricably linked to social teachings of the Catholic Church.

The challenge is to rise up and see that “social segregation is morally wrong and unfair.” It is sinful in both the North and the South. “It is a cancer in the body politic which must be removed for moral health.” Segregation is wrong because “it is based on human laws in conflict with the divine. Time will not work the problem out as has been shown over the last 100 years. ‘The people of Will have used time more effectively than those of God. We must help time — ‘The time is always right to do right.” “King’s statement of the role of God in the whole affair sums up his philosophy. He believes in a personal God working with and through man to achieve His ends. But this God has

By Coni Sanders, Internal Communications

walk the Walk Week — a time for reflection

Walk the Walk Week begins on King Day, continues in the actions of us all

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Breaking the chains of predatory lending

BY BRENDAN O’SHAUGHNESSY, MARKETING COMMUNICATIONS

Lisa McDaniell was tired, dog-tired. It was nearly 2 a.m. and she was cleaning up after her shift as a cook at Frank’s Place, a restaurant and bar near downtown South Bend. She died the last frying pan carefully. She could have heeded to finish — but the long walk home loomed again. The trek would take an hour — but the long walk home loomed again.

She was tired of walking in the middle of the night. She’d been mugged twice. She’d gotten frostbite in her feet from trudging through the snow last year. Winter was coming again.

Tired, but there was no one to give her a ride. No buses running this late. No money to buy a cat.

Then last September, McDaniell learned from a social worker that a group of students at the University of Notre Dame were offering small loans for people in need. She’d always avoided payday lenders and others that prey on the poor, but she didn’t like banks either.

“When you walk into a bank, you’re already down,” she says. “You’re trying to do better, but they make you feel like you’re not the right type of person to be there.”

The students weren’t like that. After they went through their finances, they asked how much she’d be comfortable paying and how often. I’d never been asked anything like that. I was jumping up and down, so excited that someone was willing to give me the time of day.

McDaniell borrowed $450 and bought a used 1997 Saturn. She got a new job as a pastry chef for the South Bend Cubs. A few months later, she bought a used 1997 Saturn. She got a new job as a pastry chef for the South Bend Cubs. A few months later, she couldn’t work for two weeks.

Those organizations were lending to small businesses, but Woo wanted to focus on personal loans as an alternative to predatory lending in South Bend.

Jake Bebar remembers the exact moment that JIFFI became the dominant influence of his Notre Dame experience. In February 2012, a sophomore named Peter invited Bebar to an event on campus. “It was an incredible experience,” Bebar says. “But that’s not its main passive.”

Bebar marched up to Peter after the event and proposed the idea of creating a personal loan program for students. “I know nothing about microfinance or predatory loans,” Bebar says. “But I’m super-passionate and I have a lot of energy and I’m a quick learner.”

Three years later, Bebar would reflect on everything he learned through JIFFI, marveling that he would become its second CEO, and found himself warning his professors that he might have to step out of their classroom if a JIFFI client called his cellphone. He even became a featured speaker at the annual conference of Lend For America, a national organization of campus microfinance groups.

“It wasn’t a straight or easy road. Bebar would quit at one point, overcome by doubt that a group of college students could do anything in the face of such a massive challenge. They would make mistakes ranging from staff organization to client communication to year-end transitions. They once tried to recruit clients by standing in the snow handing out flyers in front of a payday lending storefront. That idea didn’t work out so well.

Starting with just an hour a week, the half-dozen students who signed up for the group began by surveying the community’s needs. They found that about 7,000 people in South Bend pay an average of $900 a year in payday lending fees — a total loss of $3.5 million from the people who can least afford it. They took a financial literacy course from Bridges Out of Poverty, a local nonprofit that focuses on breaking the cycle of poverty rather than managing it. The commitment kept growing.

Bebar came to learn that “poverty is a full-time job.” Without any savings or credit, each problem can snowball — for instance, from a car problem or sick baby in need of a lost job.

“We don’t really understand what a poor person is going through and how much of a light that is until we actually build a relationship with a client and see what they’re going through,” he says. “I think it helps with a lot of stereotypes or perceptions of students who came here from higher-income backgrounds.”

His president JIFFI moment didn’t even result in a loan but left him with a new understanding of privilege. Bebar met with a woman his own age who lived at the South Bend Center for the Homeless with her 1-month-old infant. She pulled out a notebook where she had recorded every penny she spent in the last month, something Bebar barely tracked. Their review helped the woman realize she didn’t need the loan; she could save $800 on her own in just three weeks.

“I think it was the first time someone had told her she could do it, that she could make it on her own,” he says.

Without a doubt, Bebar says, JIFFI changed him. He learned practical skills about startups, staff organization, business processes and time management. He learned how businesses work in the real world. He also learned the soft skills of managing people and empathizing with poverty. JIFFI became his identity on campus.

“It was an incredible experience, to help people like Lisa McDaniell, but also form families like Jake Bebar, who was McDaniell’s loan officer.”

Woo was born in South Korea, but his parents moved three months later to Thailand to undertake missionary work for the next decade. The family moved to New Jersey in 2001 so his parents could pursue further education in theology and ministry before returning to Thailand last summer.

Peter grew up as a first-generation immigrant in a family steeped in service. He picked up skills later because he wanted to pursue business and was attracted to the motto of “Learning becomes service to justice.”

He was chosen as one of the first 25 Hesburgh-Yusko Scholars, a merit scholarship with a focus on leadership and service.

Woo said he “stumbled across” a predatory lending industry that made him angry. He could believe that the average borrower paid an APR (annual percentage rate) of 390 per cent. In 2014, he explained the motivational force behind JIFFI.

“This ridiculous rate is being imposed on people making minuscule wage,” he says. “How ironic is it that being poor is so expensive? What makes me even angrier as a business student is that payday lending is a $30 billion industry with numerous companies being publicly traded.”

He says the nation’s 25,000 payday storefronts “siphon wealth from the poor and take away their opportunity to get out of poverty,” leaving them in chains of debt.

He shared these statistics as well as his own charts and fiery passion in the student meeting he organized in the North Dining Hall. And he told the students like Jake Bebar, who was McDaniell’s loan officer, that “poverty lending is a huge industry backed by powerful interest groups, a challenge that made him feel small and tempted him to re- main passive.

But rather than wait until they graduated, Woo decided to make money and power — Woo persuaded the group to focus on figuring out what they could do “at this moment” to bring their passion to a real need found locally. They researched their community and built partnerships with groups like the Center for the Homeless and Bridges Out of Poverty.

The group’s next challenge was to build an organization from scratch. They spoke with Paulsen and Woo in touch with America, where he landed a summer internship in Chapel Hill, North Carolina, working with fellow students and learning about how other campus microfinance groups were structured. Those organizations were lending to small businesses, but Woo wanted to focus on personal loans as an alternative to predatory lending.

The building process began during Woo’s junior year. He proposed the name for the group after reading about the Jubilee concept in the Bible. According to the book of Leviti-
The Breakdown: A Payday Lending Scenario

Car trouble
Your car breaks down and you need $300 to fix it. For a number of reasons, you can’t borrow from savings, banks or family. 

Payday lender: You visit a payday lender. You borrow $300, to be paid back in two weeks. This comes with a $45 interest payment, for a total of $345. Need to push the due date back? You ask to extend your loan, they charge you another $45, for a total due of $405. Your car is fixed, but you have a new problem: You now owe $405. The next payday you get $300, pay the interest, and the cycle starts all over. 

Rolling the loan
The average borrower rolls the loan four months. In our scenario, that’s $405 in interest, and roll the date back another two weeks. 

Size of industry: A $30 billion industry. 
In South Bend, a dozen payday loan stores average about 600 borrowers in a year, meaning that 7,200 of the city’s poorest people lose a total of $3.5 million in interest fees. There are 25,000 payday lending stores in the U.S. That’s more locations than McDonald’s and Starbucks combined. 

That spring they made three loans, that grew to 40 staff members, organized under-resourced, and required hiring a full-time professional with experience. Securing a license costs $100,000 plus fees, which didn’t happen until the following school year. It expects 25 loans per year. 

JIFFI now faces a major decision...
Sakai is now mobile

The ND Mobile app launched a new feature this fall. You can now find Sakai, the University’s learning management system, in the ND Mobile app. Approximately 74 percent of ND faculty use Sakai with the courses they teach. Now that it is in the mobile app, both students and faculty can access grades, resources and news for each of their classes from their mobile device.

“The idea for adding Sakai to the ND mobile app came about because we realized that most students use their mobile devices much more frequently than a desktop or laptop,” said Matt Willmore, mobileND program manager, Office of Information Technologies (OIT). “We wanted students to be able to access those grades anytime, anywhere, from any device,” said Laura Gekeler, Sakai administrator. This new feature in the ND Mobile app allows us to do exactly that.” Gekeler worked closely with Willmore to develop the Sakai module for the app.

In partnership with Modo Labs, (the vendor that worked with Willmore to create the ND mobile app), an interdisciplinary team

The tours were made available in the ND Mobile app from Nov. 13 through Jan. 1, and were collectively taken over 2,000 times. More than 70 people submitted feedback on the tours, which were overwhelmingly positive.

“The Notable ND People tour really captures the heart of Notre Dame in connecting to any touring prospective student, parent or fan,” wrote one tour-taker. “It was a fantastic tour that proves to be an exceptional sidekick to any Notre Dame tour.”

The next steps for these tours for the VisitND Challenge committee to meet and discuss placing some of these tours in the ND Mobile app permanently. Departments that best represent each tour subject would work with the student tour creators to refine the tour and pull the best elements from each of the 10 semifinalists’ tours to create a small number of focused tours that can appeal to students, staff, faculty and campus guests alike.

The VisitND Challenge was made possible by many sponsors, including the Office of the Executive Vice President, SAP, Modo Labs, Innovation Park at Notre Dame and the Office of Information Technologies.

More information on the VisitND Challenge can be found at mobile.nd.edu/visitnd. More information on the ND Mobile app can be found at mobile.nd.edu/app.

Good email gone bad

What to do if an account is hacked

BY LENETTE VOTAVA, OIT

You’re looking at an email from a co-worker or friend, and you can see it’s not right. It’s not like email they have sent you before. Maybe it includes a request to click a link, or an advertisement. That’s when you realize this person may have been hacked.

Most people would send an email to this person to tell them about the unusual email, and that is always helpful. But if what you are getting messages from your friends telling you that they think you’ve been hacked. Now what do you do?

First of all, don’t feel guilty. Many people become victims of hacking. Below are some ways to regain control of your email:

• Try to log in to your email account. If you CANNOT log into your ND Gmail account, you need to contact the Notre Dame Help Desk at 1-811. The Help Desk will help quickly restore access to your ND Gmail account.

• If you can no longer log in to your private (non-Notre Dame) email, you should contact your provider such as Gmail, Hotmail and Yahoo. All of these mail services now offer a way to use your smartphone that you want to reset your password, or if a hacker changed yours. Check the help section of your email service to sign up.

• If you can log in to your account but something doesn’t seem right, you may still have a problem. Here are some signs that you might be hacked:

  • Your friends say they got nonsense emails from you.
  • You can send, but not receive email.
  • Messages are opened or read, but you didn’t open them.
  • Your email settings have changed and you didn’t change them.

If you have experienced any of these issues, or you believe your email account may have been hacked, the first thing you should do is change your password. Your password is the key to your account. Once it is changed, a hacker can no longer access your account. Here are the steps to follow to change your password:

For ND Gmail
1. Go to password.nd.edu and change your account password.

For Personal Gmail
1. Log into your Gmail account, and click on the gear icon on the upper right-hand corner.
2. Choose “Settings” from that list.
3. At the top of the page, click on “Accounts and Passwords” to open the tab.
4. Click on the words “Change Password.”
5. Enter your current password and your new password twice.

For HotMail
1. Log into your HotMail (Outlook Mail) account, and in the upper right corner, left-click your profile picture, and then click “Change Account.”
2. Under your photo and the word “Hello!” click “Change Password.”
3. Enter your current password, enter your new password, re-enter your new password, and then click “Save.”

For Yahoo Mail
1. Go to the Yahoo Account Information page at edit.yahoo.com/config/eval_profile.
2. Click Account Security | Change password.
3. Enter and confirm your new password, then click “Continue.” You’ll see a message that confirms your password change.
4. Click “Continue to finish.”

For additional information on changing your ND Gmail password, go to oithelp.nd.edu/netid-and-passwords/chgpwd.

Once your password is changed, check to make sure your email is not being forwarded. Hackers sometimes set your email account up to forward copies of all your emails to the Hacker’s email address. For Notre Dame email, the Help Desk can help you check for email forwarding. For your personal mail, take a look at the online help available from your email provider.

VisitND competition names student team winners

The VisitND Challenge came to an exciting conclusion on Tuesday, Dec. 1, as the winners of the competition were announced. The goal of the competition was to engage student teams to develop an app that focuses on points of interest around campus for visitors and guests. The awards event took place at Innovation Park at Notre Dame.

In November, six finalists were chosen from 10 semifinalists who submitted their campus tours for consideration. A judging committee consisting of leaders from across the University convened to review each of the tours and score them based on addressing the challenge goals, creativity and innovation, mobile appeal and completeness of their tour.

The Office of the Executive Vice President provided prizes for the top two teams with $2,500 for the top team and $1,000 for the second-place team. Some of the other sponsors contributed additional prizes as well. The teams were ranked as follows:

First-place team: Students Kevin Collins and Ryan Sweeney created the History of Notre Dame tour, which received a prize of $2,500. This tour provides a unique dual historical and current perspective of each tour stop. It also takes a look into the future growth of campus to give a complete perspective of the past, present and future direction of Notre Dame.

In addition, the History of Notre Dame tour won an additional $1,000 prize from sponsor Modo Labs for its creativity and best use of the platform used to create the tour. Modo Labs’ Kurogo platform is used to power the ND mobile app. This same platform was also provided to the student teams to use in the tour.

Second-place team: Holy Cross brothers Stephen Barani, C.S.C., Brendan Ryan, C.S.C., and Bregan Ryan, C.S.C., created the Campus Pilgrimage tour and received the second-place prize of $1,000. For those interested in Notre Dame’s deep Catholic heritage, this tour features the campus from the viewpoints of a student and seminarian. It highlights important spiritual destinations on campus, and includes a reflection and prayer at each tour stop.

Third-place team: The tour titled Notable Notre Dame People was created by students Erin Auer, Joseph Dinino and Alexander Hansen, who each received SAP jackets. This tour used campus locations to highlight the famous people who make the Notre Dame history so memorable. Some of the individuals featured include Rev. Theodore Hesburgh, Knute Rockne, Sister Jean Lenz and Regis Philbin. Each tour stop highlights the impact each featured person had on the Notre Dame community.

Three other tours made it to the final round and received a prize of $250 from the Office of Information Technologies (OIT):

• Dorn Life, created by students Conor Trippett, Katie Santarelli and Patrick Tingleff, takes users through the different residence halls to highlight the significance of each one and its dynamic community.

• The uNDiscovered Tour, created by students Nicholas Carroll, Mari Nemerza and Connor Tomshack, shares elements of the Notre Dame campus many people may not know about, such as Dr. Tom Doherty’s letter to Father Hesburgh at the Grotto.

• Secrets of Notre Dame, created by ESTEEM students Jennifer Lardner, Laura Shute, Rebecca Shute, Gillian Shaw and Paul Mahony, shares locations, stories and traditions about campus that are not very well-known, and gives users an entirely new perspective to campus.

In addition, the student teams were asked to appeal and completeness of their tours within OIT’s Teaching and Learning Technologies group worked to add Sakai functionality to the app and make it useful for both students and faculty. Faculty and students log into the module with their NetID and password and instantly see their Sakai courses in the app.

“Since launching, the feature has been enormously popular and consistently ranks in the top 2-3 most popular features of the ND Mobile app,” Willmore said. “And the response from the campus has demonstrated how valuable the Sakai module is in the ND Mobile app.” For details on the ND Mobile app, go to mobile.nd.edu.

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1. Log into your Gmail account, and click on the gear icon on the upper right-hand corner.
2. Choose “Settings” from that list.
3. At the top of the page, click on “Accounts and Passwords” to open the tab.
4. Click on the words “Change Password.”
5. Enter your current password and your new password twice.

For HotMail
1. Log into your HotMail (Outlook Mail) account, and in the upper right corner, left-click your profile picture, and then click “Change Account.”
2. Under your photo and the word “Hello!” click “Change Password.”
3. Enter your current password, enter your new password, re-enter your new password, and then click “Save.”

For Yahoo Mail
1. Go to the Yahoo Account Information page at edit.yahoo.com/config/eval_profile.
2. Click Account Security | Change password.
3. Enter and confirm your new password, then click “Continue.” You’ll see a message that confirms your password change.
4. Click “Continue to finish.”

For additional information on changing your ND Gmail password, go to oithelp.nd.edu/netid-and-passwords/chgpwd.

Once your password is changed, check to make sure your email is not being forwarded. Hackers sometimes set your email account up to forward copies of all your emails to the Hacker’s email address. For Notre Dame email, the Help Desk can help you check for email forwarding. For your personal mail, take a look at the online help available from your email provider.

Pictured left-to-right: Don Ginocchio, University Alliances Director for Notre Dame, SAP; Dave with students and VisitND Challenge winners Kevin Collins and Ryan Sweeney.
A multi-million dollar kitchen renovation: The Morris Inn’s kitchens were expanded and updated over the summer, reopening in September with new menus in both Sorin’s and Rohr’s.

A new chef team: Executive Chef Patrick Dahms now has a full culinary team in place in the Morris Inn made-from-scratch kitchen. Meet the newest chefs on page MI3.

Valet parking: Free valet parking is available when dining. Travel from your covered garage at home to our covered canopy — in heels, not winter boots! Valets will even clean your windshield before returning your warm car.

The Wind Family Fireside Terrace: Dine al fresco on the terrace in season, with a fire pit for cool evenings.

Morris Inn Brand Ambassadors: Four Notre Dame students — now manage the hotel’s social media accounts. Check out the Sorin’s and Rohr’s Facebook pages and Twitter feed for daily specials.

The wine connection: Dozens of wineries across the world have Notre Dame ties. Sample a glass or two from an alumni winemaker, along with an elegant five-course meal, when the vintners are featured at monthly Sorin’s Wine Academy dinners.

Rohr’s Wood Stone Pizza Oven: Try a grilled chicken, cheese, prosciutto and fig jam, or Portobello made-to-order pizza, grilled and bubbly in 90 seconds. And Rohr’s keeps 14 different beers on tap, including Guinness, Dogfish Head and Two Hearted Ale.

Express Lunch: Sorin’s Express Lunch menu promises to get guests in and out in 45 minutes or less.

Afternoon Tea: Sorin’s offers afternoon tea Thursday – Sunday through March 26, featuring sweet and savory finger foods and Rishi organic tea.

Teddy Bear Tea: Have a child’s birthday party or a Teddy Bear Tea with mom and grandma — Sorin’s has mini tea sets and high chairs for a favorite doll or teddy bear.

Showcasing student musicians: Morris Inn has partnered with AcousticCafé to showcase talented student musicians on Tuesday nights. Enjoy acoustic guitar — and maybe ukulele — in Rohr’s, or on the Wind Family Fireside Terrace in warm weather.
Savoring the dining experience

Classic French, with a midwestern flair

When sitting down for a meal at Sorin’s, Morris Inn’s fine-dining restaurant, guests can expect fresh bread and rich, creamy organic butter from the Five Star Butter Company, used in restaurants around the world such as Le Cirque, Prime Steakhouse and Picasso.

Sorin’s sources Indiana duck from family-owned Maple Leaf Farms, about an hour southeast of campus in Leesburg, Indiana. Find it on the menu slow roasted with braised red cabbage and a savory bread dumpling.

Sorin’s beef is all natural and Midwest-raised, which means the meat comes from no farther than Iowa. Sorin’s king salmon is sustainably farmed.

The new menu includes the restaurant’s traditional Dover Sole Meunière and new favorites such as the succulent 72-hour braised boneless beef short rib. The menu changes seasonally, and are available online at morrisinn.nd.edu/sorins.

The extensive wine list at Sorin’s includes many vintners with Notre Dame connections, as well as a reserve list of limited-quantity wines perfect for a special occasion.

Sorin’s is open for breakfast Monday through Saturday from 6:30 a.m. – 10:30 a.m., with Sunday brunch available from 11 a.m. to 2 p.m. Sorin’s is open for lunch seven days a week from 11 a.m. – 2 p.m.; dinner 5:30 – 9:30 p.m. Tuesday through Saturday. Call Sorin’s at 574-631-2020 for reservations.

Valet parking is complimentary any time you dine at Morris Inn.

Casual food made from scratch — with an Irish twist

Anyone who’s visited Rohr’s has heard stories from legendary bartender Patrick “Murf” Murphy, who’s worked at the Morris Inn for nearly 40 years. There’s even a burger named after him (the Murf Burger, of course), topped with bacon, sautéed mushrooms, caramelized onions, Swiss and cheddar cheeses, crispy onions and bistro sauce. It’s a favorite of Rohr’s regulars, who stop by for a quick lunch or an afternoon snack.

Murf also makes a special “Hesburgh Manhattan,” named for the favorite drink of Rev. Theodore M. Hesburgh, C.S.C. — Father Hesburgh, he notes, preferred a Manhattan with two cherries.

Morris Inn added new equipment during the kitchen renovation this past summer, including a Wood Stone Oven, serving up gourmet pizzas like buffalo mozzarella, prosciutto or portobello for less than $14. The pizzas are made from scratch and are ready in 90 seconds with a bubbly, handmade crust.

Chef Patrick Dahms was born in Germany, but he and his team serve up plenty of Irish specialties, including the Steak and Stout Pie, served with a flaky pastry and horseradish chive mashed potatoes, or Fish and Chips with peas and a bread-and-butter pickle tartar sauce. A popular appetizer is the Irish Whiskey Wings, served with a buttermilk chive sauce.

Rohr’s is open weekdays from 11 a.m. – 1 a.m. and weekends from 11 a.m. – 2 a.m. Food is served until midnight, and Domer Dollars are accepted. To make reservations, call Rohr’s at 574-631-2018.
Meet the chef team

Phil Gulis
Executive Sous Chef

Chef Phil Gulis is a graduate of the Culinary Institute of America in Napa, California. He hails from Detroit, Michigan, and stepped into the Morris Inn kitchen in July 2015 to help lead the team.

“A chance to work in the new kitchen on this great campus is a once-in-a-career opportunity.”

Favorite stand-by recipe: Country-style Bolognese with Maltagliati pasta. Find the recipe at morrisinn.nd.edu/dining/sorins.

Patrick Dahms
Executive Chef

Chef Patrick Dahms grew up in northeast Germany, where the cuisine includes abundant seafood and many Scandinavian influences. Chef Dahms has worked at multiple best-in-class properties around the world for over 25 years. He joined Morris Inn’s culinary team in May 2014.

On the Morris Inn’s multi-million kitchen renovation: “The ability to enhance Notre Dame became a reality for me in my first year. I’ve worked in many hotels, but there’s only one Notre Dame.”

Josh Maron
Sous Chef

Chef Josh Maron started as a cook at North Dining Hall and then enrolled in the Culinary Arts program at Ivy Tech, becoming an apprentice under Chef Don Miller. He was promoted to Sous Chef at Morris Inn upon the completion of his three-year apprenticeship.

Advice to future chefs: “Find the right environment where you can learn solid fundamentals and then continue to grow. Find a mentor who will push you, but know that it’s ultimately up to you to make your dreams come true. Don’t let anything stand in your way!”

Shannon Zila
Sous Chef

Chef Shannon Zila began working at the Morris Inn in 2005 and is in charge of banquets and events for Morris Inn and the Notre Dame Conference Center. She and her team prepare over 250,000 meals annually. Whether it’s an academic conference or social event, Shannon and her team are ready to assist.

Favorite banquet meal to prepare: Roasted sea bass, lobster mashed potatoes, fresh baby vegetables and lemon beurre blanc.

Calvin Metts (below)
Sous Chef

Chef Calvin Metts is Morris Inn’s newest member of the culinary team. Chef Metts most recently was Sous Chef at Michael Jordan’s Steakhouse in the InterContinental Hotel on the Magnificent Mile in Chicago.

Social media specials: Watch the Morris Inn, Sorin’s and Rohr’s Twitter and Facebook pages for daily specials posted by Chef Metts, using the hashtag #NDFoodie.

Morris Inn Cooking School

Dive into a full culinary experience with new cooking classes! Each month’s menu features a different topic. In December, participants learned how to cook a three-course meal for the holidays without being tied to the kitchen. The next Cooking School event takes place Sunday, Jan. 17 — jumpstart 2016 by adding some new dishes to your personal menu! Classes are $35 per person, and include three tastings and three glasses of wine. For reservations, visit morrissinevents.com.

“The Maine Event”

Now through Feb. 11 at Sorin’s

Through Thursday, Feb. 11, Sorin’s offers a four-course, prix fixe meal featuring three different lobster dishes (lobster bisque, lobster risotto and lobster tagliatelle) and dessert for $29. Add a 6-ounce grilled beef tenderloin for $10, and three glasses of wine paired with the meal for an additional $10.

View the menu online at morrisinn.nd.edu/sorins. Call 574-631-2020 to make reservations.
Sorin’s Wine Academy offers world-class wine and food pairings

Unique to Morris Inn is its connection with vintners who have a relationship with the University. At monthly Sorin’s Wine Academy dinners, Chef Dahms and his team prepare five-course meals perfectly paired with wines from alumni vintners including Silver Oak Winery, Gallo Winery and Trinitas Cellars.

On Monday, Jan. 25, led by Executive Sous Chef Phil Gulis, Sorin’s Wine Academy features Paul Hobbs Winery. In March, the featured winery is Clos du Val Winery, and in April, Chef Dahms is preparing a special “Dinner for the Daring,” featuring foods not found on a typical restaurant menu. Wine Academy dinners range from $95 to $125 per person. Call 574-631-2020 to make reservations for these typically sold-out events! Morris Inn valet parking is complimentary.

Afternoon Tea at Sorin’s

Sorin’s offers afternoon tea Thursday – Sunday, through Friday, March 26. Try different sweet and savory treats while sipping Rishi Tea’s fair-trade and organic blends. Teas are $24 for adults, with a “Little Sipper” including cider or hot chocolate available for children ages 12 and under ($10).

On Saturday, Feb. 6, children are invited to bring their favorite doll or stuffed animal for a Teddy Bear Tea. Children can also host a birthday tea with friends, complete with doll high chairs and tea sets.

Complimentary valet parking when you visit Morris Inn

Winter means snowy, wet walks to the car. But ditch your boots and wear your heels to the Morris Inn, and take advantage of free valet parking. Let the valets clean your windshield before returning your warm car.
New receipt threshold
Changes in effect Jan. 1

FROM PROCUREMENT SERVICES

The University continues to make enhancements to the travel/ND program to improve the traveler’s experience while still meeting ever-increasing compliance requirements. There are two updates to the University’s Travel and Expense Policy effective Jan. 1.

New receipt threshold

The IRS raised its threshold for receipts to $75 several years ago. A number of Notre Dame’s peers have raised their thresholds to either match the IRS threshold or raised them to a somewhat lesser amount depending upon the institution’s comfort level. Accordingly, the University will raise its receipt amount depending upon the institution’s comfort level. James S. Panagiotis, Maintenance

No pre-trip reimbursement for flights

In 2008, the University began reimbursing flights pre-trip to encourage travelers to benefit from substantial flight discounts available via advanced booking. Since 75 percent of travelers are now charging flights to FOAPALs, the trip reimbursement policy has changed.

Effective for flights booked Jan. 1, or after, flights not charged to a FOAPAL will be reimbursed to the traveler only after the trip is complete, assuming business purpose and other requirements are met for reimbursement. This change is being made for the following reasons:

- University travelers booking flights via travel/ND can be readily tracked in the event of domestic and international emergencies.
- Booking through travel/ND enables approvers to track flight cancellations that are not easily visible to the approver when booked outside of travel/ND.
- The use of consistent purchasing channels will enable the negotiation of even better flight discounts for future University travelers.

There will be very few exceptions to these policies, and those will be considered on a case-by-case basis — for example, a student awaiting expected University funding that prevented them from charging a FOAPAL at time of booking (i.e., flights are expected to be paid by the University, but the FOAPAL is not yet available).

Should you have any questions, please see travel.und.edu or contact the travel/ND Help Desk at 631-4289 or e-mail travel@nd.edu.
Career Development

Building Strategic Résumés & Cover Letters
Date/Time: Tues., Feb. 2, OR Tues., April 12, 1–4 p.m.
Facilitator: LaDonna Ferguson, Human Resources
Participants will review the fundamentals of how to create strategic and effective personal marketing tools. Completion of this workshop is a requirement for individual assistance with résumés and cover letters from the Notre Dame Staff Career Services office.

Interview Prep 101 (Part I)
Date/Time: Mon., Feb. 8, 1–4 p.m.
Facilitator: Susan Hade & LaDonna Ferguson, Human Resources
This two-part workshop reviews the elements of successful interviewing. Participants will identify the fundamentals of strategic personal marketing and practice interviewing during a scheduled mock interview.

Interview Prep 101 (Part 2)
Date/Time: Wed., March 9, 9 a.m.–noon
Facilitator: Susan Hade & LaDonna Ferguson, Human Resources
Develop your own personal mission, vision and set of core values in the branding of your most valuable asset—you! Identify the characteristics of strong personal brands and learn the key steps, values and standards in building your own personal brand. Participants will begin or complete a vision board.

Communication & Interpersonal Skills

Communicating with Colleagues & Co-workers
Date/Time: Wed., May 11, 8:30 a.m.–noon
Facilitator: Beth Bednar, National Seminars
Success in a collegiate environment depends on your ability to build and maintain good relationships. Learn tips that help you build trust, defuse confrontation and create “emotional bank accounts” that help mend relationships.

Developing Trust and Respect in the Workplace
Date/Time: Thurs., Feb. 11, 8:30–11:30 a.m. OR Thurs., Feb. 11, 1–4 p.m.
Facilitator: John Zulli, National Seminars
Your co-workers don’t have to be your best friends, but it’s critical that you create relationships of mutual respect and trust. Learn how to establish your own personal credibility, get tools for setting boundaries and creating expectations of behavior from those around you, and collaborate in ways that encourage others to reciprocate.

DISC: What’s YOUR Style?
Date/Time: Thurs., Jan. 21, 1–4:30 p.m.
Facilitator: Denny Faurote, The Faurote Group
For those who have completed a DISC Style Assessment and previously participated in DISC training, this session will help you more effectively identify others’ styles and adjust your approach to maximize the interaction.

How to Handle Challenging People
Date/Time: Wed., April 27, 8:30 a.m.–noon
Facilitator: Dan DeSalvo, National Seminars
Learn what it takes to immediately defuse angry co-workers and handle behaviors that you find difficult while keeping your own emotions in check. Find out if you are unwittingly contributing to the situation. Learn specific tactics to counteract typical difficult behaviors, calm angry outbursts, handle know-it-alls, bullies and saboteurs, and know when and how to speak up appropriately. You’ll learn phrases to avoid and communication techniques to successfully resolve contentious situations.

Resolving Conflict While Maintaining Relationships
Date/Time: Wed., March 23, 1–4 p.m.
Facilitator: Dan DeSalvo, National Seminars
Be more effective in handling conflict using specific communication tactics that help you clearly understand the other person’s issue when you find yourself wanting to disagree or to express a very different opinion. Manage the aftermath and get the relationship back on track.

Speak with Confidence
Date/Time: Thurs., March 17, 1–4:30 p.m.
Facilitator: Denny Faurote, The Faurote Group
Do you panic at the thought of standing in front of others to make a presentation or freeze in a group when it comes to your turn to provide an update? This program can help you communicate effectively in formal presentations, impromptu situations and small group presentations through small group exercises.

Professional Skills & Tools

Developing Your Emotional Intelligence
Date/Time: Thurs., March 3, 1–4:30 p.m.
Facilitator: Denny Faurote, The Faurote Group
Emotional intelligence is critical to success and accounts for 60 percent of performance in all types of jobs. It is the single biggest predictor of performance and strongest driver of leadership and personal excellence. This program highlights the connection between emotions and actions and helps you develop the interaction skills needed to build more productive personal and professional relationships. Increase your “EQ,” the measure of emotional intelligence, and learn to apply the four key skills: self-awareness, self-management, social awareness and relationship management.

Everything’s Negotiable
Date/Time: Wed., April 27, 1–4 p.m.
Facilitator: Dan DeSalvo, National Seminars
Become more aware of opportunities to negotiate your professional and personal needs. Learn specific persuasion techniques that lead to a fair-win-win situation; phrases never to say; preparation tips; how to break deadlocks; when to stop negotiating.

StrengthFinders
Date/Time: Thurs., Jan. 14, 8:30 a.m.–noon OR Thurs., Feb. 23, 1–4:30 p.m.
Facilitator: Dana Schrader, Human Resources
Research shows us that developing our existing strengths (rather than focusing on our weaknesses) results in greater success and satisfaction. Identify your strengths and recognize opportunities to use them more frequently and fully at work. Participants must complete a self-assessment and read the book prior to the workshop.

Time Management/Self-Leadership
Date/Time: Thurs., April 28, 1–4:30 p.m.
Facilitator: Denny Faurote, The Faurote Group
Do you feel like you are doing more but getting less done? In a recent web poll, 54 percent of respondents said they get between three and six hours of work done in a day. Learn the four key steps to gaining control of your time. Eliminate time wasters and create your “stop-doing” list. Learn how to prioritize, plan and set goals to ensure the best use of your time.

Supervision & Leadership

Inside Out Coaching
Date/Time: Wed., Feb. 10, 8:30 a.m.–4:30 p.m.
Facilitator: Suzanne Gaker, Inside Out Development
This highly interactive, multi-method learning approach will introduce you to the four-step GROW coaching model to help you build coaching skills that focus on supporting and building the right behaviors rather than correcting off-standard performance.

Managing Multiple Projects, Priorities & Deadlines
Date/Time: Wed., March 23, 8:30 a.m.–noon
Facilitator: Dan DeSalvo, National Seminars
This program will provide many tips and tactics to help you set and stick to daily priorities, organize your work space, identify and eliminate time wasters, and handle phone calls and emails efficiently. Learn when and how to say “no” tactfully and manage interruptions. These techniques and tactics can help you plan and execute your daily responsibilities in the most productive way and do it with less stress.

QuickStart for New Supervisors
Date/Time: Wed., March 1, 1–3:30 p.m.
Facilitator: HR Consultants
Learn the university processes, tools and resources that are essential to supervising others. This session will introduce supervisors to: managing time/off-time compensation; the online performance management process; coaching/confidential/disciplinary processes; harassment-free workplace obligations for supervisors; and other essentials for getting started on the right path.
Managing My Career
This series of workshops provides information and resources to assist employees with effectively managing their career progression at Notre Dame. Participation is encouraged to increase productivity in your current role as well as develop a strategic plan for future opportunities at the University.

Managing My Career: Assessment & Research
Dates/Time: Tues., Jan. 12, 9 a.m.–noon and Tues., Jan. 26, 9 a.m.–noon OR Tues., March 22, 1–4 p.m. and Tues., April 5, 1–4 p.m.
Facilitator: LaTonia Ferguson, Human Resources

In this two-part workshop, we will focus on the first stage of Notre Dame’s Career Management Process. Participants will complete several assessments and activities that will assist in the identification of personal interests, professional aspirations and lifestyle needs. Participants will: review/learn the policies and resources available through Career Services @ ND; complete various assessments and checklists to help them identify and clarify career interests, values and needs; identify and utilize career research tools to help narrow and define true interests.
Completion of this course is a prerequisite for individual career coaching and consulting, and is also a prerequisite for Managing my Career: Deciding and Setting Career Goals.

Managing My Career: Deciding and Setting Career Goals
Dates/Time: Tues., Feb. 23, 9 a.m.–noon OR Tues., April 19, 1–4 p.m.
Facilitator: LaTonia Ferguson, Human Resources

This in-depth workshop focuses on the second stage of Notre Dame’s Career Management Process. Participants will identify and apply specific resources that may assist in setting SMART goals to achieve desired career development outcomes. Match your interests and skills profile to suitable careers for use in creating your own Career Action Plan. Participants will: review assessment results, and decide on top 3-5 career areas/positions of interest, set realistic and manageable career goals following the SMART goal technique; complete a Career Action Plan. Completion of this course is a prerequisite for Managing my Career: Taking Action.

Managing My Career: Taking Action
Dates/Time: Tues., March 15, 1–4 p.m. OR Tues., May 3, 1–4 p.m.
Facilitator: LaTonia Ferguson, Human Resources

Completion of “Managing My Career: Deciding and Setting Career Goals” is a pre-requisite for this workshop. This in-depth workshop focuses on the third stage of Notre Dame’s Career Management Process. Participants will create a strategic marketing plan on how to sell their knowledge, skills and abilities on resumes, cover letters, and in their networking and interview techniques. Participants will: review the job search process and resources available at Notre Dame; identify strategies to help tailor their marketing materials to identified career interests; prepare a professional “elevator” speech to use in networking or interview situations.

MAP: Moving Ahead Professionally
Moving Ahead Professionally (MAP) identifies professional development activities designed to meet the needs of graduates and current students of the Ivy Tech associate degree program, part of Notre Dame’s Learning at Work Academy. The program includes early enrollment opportunities for suggested workshops and other development guidance geared specifically toward the needs of those seeking to turn their new academic credentials into career advancement.

MAP Lunch and Learns
Dates/Time: Tues., Feb. 16, noon–1 p.m. OR Fri., April 1, noon–1 p.m.
Facilitator: LaTonia Ferguson, Human Resources

Only for Ivy Tech graduates and students

Project Management Certificate Program
The Project Management Certificate Program is designed to develop, enhance and utilize foundational project management skills, processes and techniques. This program consists of core courses and electives. The following offerings are required core courses for the Project Management Certificate Program. For more details about core and elective course offerings, visit HR.nd.edu and click on Maximizing Your Potential>Learning Series>Project Management Certificate Program.

Project Management Fundamentals (Core)
Dates/Time: Mon., Feb. 22 and Tues., Feb. 23, 8:30 a.m.–4:30 p.m.
Facilitator: Lindsay Chamberlain

This program provides an understanding and practice of basic project management concepts and tools that enable participants to successfully lead small to medium-size projects from planning to implementation.

Stakeholder & Change Management (Core)
Date/Time: Thurs., March 30, 8:30 a.m.–4:30 p.m.
Facilitator: Bill Murray, Murray Associates

Participants will learn how to analyze stakeholder engagement, manage their expectation and build mutually beneficial relationships that support the changes inherent in the project. Participants will develop an understanding of motions to change as well as the skills for anticipating and managing resistance. With a specific project in mind, participants will create a communication plan and an elevator speech to ensure that they have addressed all the requirements for a successful project implementation.

Stakeholder & Change Management (Elective)
Date/Time: Tues., April 5, 1–4 p.m.
Facilitator: LaTonia Ferguson, Human Resources

This program provides an understanding and practice of basic project management concepts and tools that enable participants to successfully lead small to medium-size projects from planning to implementation.

MAP: Moving Ahead Professionally
Moving Ahead Professionally (MAP) identifies professional development activities designed to meet the needs of graduates and current students of the Ivy Tech associate degree program, part of Notre Dame’s Learning at Work Academy. The program includes early enrollment opportunities for suggested workshops and other development guidance geared specifically toward the needs of those seeking to turn their new academic credentials into career advancement.

MAP Lunch and Learns
Dates/Time: Tues., Feb. 16, noon–1 p.m. OR Fri., April 1, noon–1 p.m.
Facilitator: LaTonia Ferguson, Human Resources

Only for Ivy Tech graduates and students

PHOTOS: AARON BELL

A&L Computing

Counseling Services

Terri O’Bryan, program coordinator
University Writing Program

Janet Rudasics, administrative coordinator
Sacred Music

Margaret Strasser, office services coordinator
University Counseling Center

Julie Unger, compliance assistant
Accounts Payable
Fitness Classes
Fitness classes meet Jan. 11 – April 27. Full refunds available until Jan. 31, half-price refunds through Feb. 7. All schedules are subject to change.

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<td>Pump It Up</td>
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<td>Dawn</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Indoor Cycling</td>
<td>Sara</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Yoga</td>
<td>John</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Cardio Core</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>6 – 6:45 p.m.</td>
<td>Indoor Cycling</td>
<td>Amy</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>6:45 – 7:45 p.m.</td>
<td>Total Body Conditioning</td>
<td>Leigh</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>6:45 – 7:45 p.m.</td>
<td>Yoga</td>
<td>Steve</td>
<td>Rockne 205</td>
</tr>
<tr>
<td>Thursday</td>
<td>6:30 – 7:30 a.m.</td>
<td>Vinyasa Yoga</td>
<td>Steve</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Cycle Express</td>
<td>Dawn</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>Noon – 1 p.m.</td>
<td>Pilates Mat</td>
<td>Patricia</td>
<td>Rockne 205</td>
</tr>
<tr>
<td></td>
<td>Noon – 1 p.m.</td>
<td>Pump It Up</td>
<td>Sara</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Yoga</td>
<td>John</td>
<td>Rockne B020</td>
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<tr>
<td></td>
<td>5:30 – 6:15 p.m.</td>
<td>Indoor Cycling</td>
<td>Leigh</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Total Body Conditioning</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>5:30 – 6:30 p.m.</td>
<td>Barre &amp; Box</td>
<td>Caroline</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>6:45 – 7:45 p.m.</td>
<td>Zumba</td>
<td>Amy</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>6:45 – 7:45 p.m.</td>
<td>Cardio Bootcamp</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td>Friday</td>
<td>6:15 – 7 a.m.</td>
<td>Sunrise Cycle</td>
<td>Indiana</td>
<td>$50</td>
</tr>
<tr>
<td></td>
<td>9 – 10 a.m.</td>
<td>Yoga Basics</td>
<td>Kimmie</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>Noon – 1 p.m.</td>
<td>Yoga</td>
<td>Steven</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td>Saturday</td>
<td>11 a.m. – noon</td>
<td>Rotating</td>
<td>Rotating</td>
<td>Varies</td>
</tr>
<tr>
<td></td>
<td>1:30 – 2:15 p.m.</td>
<td>Indoor Cycling</td>
<td>Maddie</td>
<td>Rockne B020</td>
</tr>
<tr>
<td></td>
<td>2:45 – 3:45 p.m.</td>
<td>Pilates Mat</td>
<td>Patricia</td>
<td>RSRC AR 1</td>
</tr>
</tbody>
</table>

F.A.S.T. (Facility and Staff Training) Classes
F.A.S.T. classes meet Jan. 11 – April 27. Full refunds available until Jan. 31; half-price refunds through February 7. All schedules are subject to change. F.A.S.T. classes will meet Saturday, March 26.

<table>
<thead>
<tr>
<th>DAY</th>
<th>CLASS</th>
<th>INSTRUCTOR</th>
<th>LOCATION</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9 – 10 a.m.</td>
<td>Zumba</td>
<td>Kimmie</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Zumba Step &amp; Tone</td>
<td>Any</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>4:30 – 5:15 p.m.</td>
<td>Cardio Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9 – 10 a.m.</td>
<td>Body Sculpt</td>
<td>Sara</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Zumba</td>
<td>Angelica</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Flex N Tone</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9 – 10 a.m.</td>
<td>Yoga</td>
<td>Steve</td>
<td>RSRC AR 1</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Cardio Express</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>4:30 – 5:15 p.m.</td>
<td>Flex N Tone</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td>Thursday</td>
<td>9 – 10 a.m.</td>
<td>Cardio Sculpt</td>
<td>Sara</td>
<td>RSRC AR 2</td>
</tr>
<tr>
<td></td>
<td>12:15 – 12:45 p.m.</td>
<td>Flex N Tone</td>
<td>Indiana</td>
<td>RSRC AR 1</td>
</tr>
</tbody>
</table>

Instructional Series
Registration for Instructional Series classes begins on Thursday, Jan. 14 at 7:30 a.m. via RecRegister. Exception: For classes that begin after Spring Break, registration begins March 1. Full refunds available until the Sunday after the series begins.

For general RecSports information, please visit recsports.nd.edu.
SUSTAINABILITY NEWS

Cleaner, greener and now safer, too

BY COLLEEN O’CONNOR, FOR NDWORKS

Sustainability at Morris Inn took another step forward with the switch to the Eco-burner Chafo, a new approach to providing portable heat to chafing dishes.

The Eco-burner Chafo has an adjustable temperature setting, an over-temperature shut-off valve and an over-temperature shut-off mechanism to ensure safety. Additionally, it remains cool to the touch during and after service, prevents fuel spills and is wind resistant.

The Chafo saves on costs as it can be lit as many times as needed. The old fuel gel cans were pre-filled to last for either two or six hours, meaning if you only needed one for an hour, another hour of fuel was wasted. Every hour of fuel in the Chafo is used, providing zero fuel waste with substantially more heat at a lower cost. Eco-burner’s chafing system has been independently tested, and results verified a greater than 75 percent reduction in carbon emissions over traditional chafers.

Game Day changes result in 45 percent recycling rate

BY DANA BAKIRTJY, OFFICE OF SUSTAINABILITY

Changes to the Game Day Recycling program this season resulted in a 45 percent average diversion rate, an increase of 11 percent from last season.

Key changes to the program included a partnership among the Office of Sustainability, Notre Dame Security Police, Athletics and Game Day Operations that allowed for the hiring of additional temporary parking lot staff, the distribution of a larger volume of bags and better signage in the tailgating lots.

The influx of additional temporary parking lot staff allowed the University to hand out recycling and trash bags to each car as it entered key tailgating areas, thereby capturing and educating fans at the beginning of their game day experience.

The distribution of both trash bags and recycling bags at tailgating entry points was intended to improve both the amount of recycling collected and the cleanliness of the tailgating lots after each game. Each car received two recycling bags and one trash bag to encourage recycling as the primary choice.

To ensure that as many blue bags as possible were available to fans and visitors, bright blue refurbished newspaper vending boxes act as recycling-dispensers at every light pole throughout the Joyce Center, Legends and Library parking lots.

Signs providing additional information about what is recyclable on campus were attached to light poles and stuck in grassy areas, and magnets with recycling information were distributed prior to the Georgia Tech game.

Further, on game day mornings, paid student groups coordinated by the Office of Sustainability contributed to the effort by walking around the tailgate lots and White Field passing out blue bags and educating fans on what can and cannot be recycled.

In the 2014 season, hired student groups distributed approximately 3,000 blue bags each afternoon game and 6,000 for the night games, for a total of approximately 21,000 bags for the season. With the new system, approximately 30,600 bags were distributed throughout the season, resulting in an 11 percent increase from last year’s 34 percent diversion rate to a 45 percent diversion rate.

Coordinated by the Office of Sustainability, the Game Day Recycling program has diverted more than 600 tons of recyclable material from the landfill since its start in 2007, a weight equivalent to 15 full semi-trucks.

For Families

Every Friday are now Family FunDays! Family FunDays are designed to meet the recreational needs of faculty, staff, graduate students and their families. Families must register in advance online via RecRegister. Schedule subject to change. Visit recsports.nd.edu for more information and to register.

Jan. 22
Outdoor Skate
1 – 3 p.m. Howard Park Ice Rink
Feb. 6
Snow Tubing
1 – 3 p.m. Wilson Park
Feb. 13
Rock Climbing
5:30 – 7 p.m. Rockne Memorial Climbing Wall
March 2
Men’s Basketball
7 p.m. Joyce Center
March 19
Easter Scavenger Hunt
1 – 3 p.m. RSRC
April 1
Bowling Night
5:30 – 7:30 p.m. Strikes & Spares
April 15
Cooking Event
5:30 – 7:30 p.m. Martin’s Heritage Square
April 22
Outdoor Festival
TBD Lawn in front of Rockne

Intramural Sports

Various Intramural Sports offer leagues for Notre Dame graduate students, faculty and staff. Registration opens at 6 a.m. on registration open date and ends at 11 p.m. on registration close date. Spots are limited, and will be taken on a first-come, first-served basis. To register, you must first create an account through IMLeagues. Once your account is created, you can then register a team to play as a free agent. Once your team is registered, you must pay by the following Wednesday online via RecRegister.

For more information regarding specific days, times and cost of lessons can be found at recsports.nd.edu.

Session I
Group Lessons will meet once a week for six weeks, Jan. 18 – Feb. 28. Each lesson will be 45 minutes in length. Lessons are available on Tuesday evenings, Thursday evenings, Saturday mornings and Sunday mid-mornings. Registration for ND faculty, staff, students and spouses opens Jan. 4 at 9 a.m. and closes Jan. 15 at 5 p.m. Cost is $60.

Private lessons will meet once a week for five weeks, Jan. 18 – Feb. 21. Each lesson will be 45 minutes in length. Lessons are available on Tuesday evenings, Thursday evenings, Saturday mornings and Sunday mid-mornings. Registration for ND faculty, staff, students and spouses opens Jan. 4 at 9 a.m. and closes Jan. 15 at 5 p.m. Cost is $75.

Session II (after Spring Break)
Group Lessons will meet once a week for six weeks, Jan. 18 – Feb. 28. Each lesson will be 30 minutes in length. Lessons are available on Tuesday evenings, Thursday evenings, Saturday mornings and Sunday mid-mornings. Registration for ND faculty, staff, students and spouses opens Feb. 29 at 9 a.m. and closes March 26 at 5 p.m. Cost is $60.

Private lessons will meet once a week for five weeks, March 14 – April 24 (no lessons April 14). Each lesson will be 30 minutes in length. Lessons are available on Tuesday evenings, Thursday evenings, Saturday mornings and Sunday mid-mornings. Registration for ND faculty, staff, students and spouses opens Feb. 29 at 9 a.m. and closes March 26 at 5 p.m. Cost is $75.

4 v 4 Flag Football
Jan. 18 – 19 Registration  Jan. 25 – Feb. 17 $55
Bowling Tournament
Jan. 18 – 19 Registration  Jan. 25 (one day) $40
Curling
Jan. 22 – 23 Registration  March 14 – April 29 $100
Floor Hockey
Jan. 22 – 23 Registration  March 14 – April 29 $55
Softball
Feb. 22 – 23 Registration  March 14 – April 29 $55
Soccer
Feb. 22 – 23 Registration  March 14 – April 29 $55
Ultimate Disc
March 14 – 15 Registration  March 20 – April 29 $20
Badminton Doubles
March 14 – 15 Registration  March 20 $10

In other news:

Eco-burner’s chafing system has been independently tested, and results verified a greater than 75 percent reduction in carbon emissions over traditional chafers.

Stuffers clean the stadiums after a game, separating trash and materials to be recycled. An emphasis on recycling increased the diversion of trash from landfills by 11 percent in 2015.
MUSIC
June H. Edwards Chamber II: Clarinet
South Bend Symphony Orchestra
Sunday, Jan. 10; 2:30 p.m., $25
Ciao! Classic! Concerto
Join the SBSo for an afternoon exploring a colorful palette of British music by chamber orchestra. Dynamic soloist and SBSo principal clarinetist Trevor O’Riordan lends his signature lyricism to Finzi’s serene concerto.

Third Coast Percussion Presence: But when the lights go out, its winter residency engagement by performing the world premiere of Donnacha Dennehy’s “Surface Tension.” This performance begins “16x16: Centenary Tribute to Ireland,” the Presenting Series’ commemoration of the 100th anniversary of Ireland’s Easter Rising.

CINEMA
Spotlight
New at the Browning
Friday, Jan. 22; 6:30 and 9:30 p.m.
Saturday, Jan. 23; 3 and 6:30 p.m.; $6
Saturday ($27), Jan. 23, 7:30 p.m.; $18
These performances conclude the Presenting Series “Higher Ground” and MLK Week celebration.

Camille A. Brown & Dancers
Theater
A Midsummer Night’s Dream
Shakespeare at Notre Dame
Wednesday, Thursday, Friday
Jan. 20–22; 7:30 p.m.
Friday, Jan. 29; 7:30 p.m.; $22

Camille A. Brown has stepped forward and create an account or log in to view faculty/staff discounted ticket prices, or contact the ticket office, 631-2800. Ticket prices listed are the faculty/staff rate.

Tickets for events at the DeBartolo Performing Arts Center, visit performingarts.nd.edu and create an account or log in to view faculty/staff discounted ticket prices, or contact the ticket office, 631-2800. Ticket prices listed are the faculty/staff rate.

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Spotlight

Camille A. Brown & Dancers
Thursday ($22) and Friday ($27), Jan. 21 and 22, 7 p.m.
Saturday ($27), Jan. 23, 7:30 p.m.

"As a choreographer, I am interested in that space between dance and theater where interdisciplinary work defies category and takes flight," says choreographer and dancer Camille Brown.

Camille Brown & Dancers
Theater
A Midsummer Night’s Dream
Shakespeare at Notre Dame
Wednesday, Thursday, Friday
Jan. 20–22; 7:30 p.m.
Friday, Jan. 29; 7:30 p.m.; $22

Love, magic and mischief collide on a moonlit midsummer night. Actors From the London Stage (AFTLS) present William Shakespeare’s fantastical comedy. See its lovers and lunatics brought to vivid life in the spare, elegant and inventive style for which the company is renowned. Family friendly, all ages are welcome.

DANCE
Camille A. Brown & Dancers
Presenting Series
Saturday ($22) and Friday ($27), Jan. 21 and 22, 7 p.m.
Saturday ($27), Jan. 23, 7:30 p.m.

"Black Girl: Linguistic Play" — explores female identity and elevates playground games into empowerment. These performances conclude the Presenting Series Higher Ground and MLK Week celebration.