O Christ, who are light and day, you uncover the darkness of night;

you are believed to be the light of light, proclaiming blessed light.

We pray you, holy Lord,

defend us this night.
May our rest be in you,

in te requies, quietam non

sit nobis in te requies, quietam non

sit nobis in te requies, quietam noctem tribute

bis in te requies, quietam noctem tribute

and may you grant us a quiet night.

Let not heavy slumber seize us,

noctem tribute. 3. Ne gravis somnus irruat,

e, tribute.

tribute.

e.

nor the enemy snatch us away, Nor the flesh, yielding to him, make us guilty in the night.

nec hostis nos surripiat, nec caro illic consentiens, nos tibi reos statuat.
Let our eyes take sleep,

4. Oculi somnum capiant, cor ad te semper vigilavit, dextra tua protegerat, cor ad te semper vigilavit, dextra tua protecta.

but may our hearts keep you ever in sight,

4. Oculi somnum capiant, ca -
May your right hand protect your servants who love you.

Our defender, look upon us, restrain those who plot against us,

Guide your servants, whom you redeemed with your blood,

De-fer sor no-ster a-spi ce, insi-di-an tes re-prime,

Gu-ber na tu os fa-mu los, quos san-gui ne mer-ca-tus es.
Be mindful of us, O Lord,
in this cumbersome body,
You, who are the defender of the soul, be present with us, O Lord.

Glory be to the Father, and to his only Son,

with the Spirit Paraclete, both now and evermore.

Amen.