Dr. Alexandra Corning is a faculty member in the Clinical Area in the Department of Psychology and directs the Body Image and Eating Disorder Laboratory. Her research is aimed at elucidating the mechanisms underlying sociocultural influences on disordered eating and body behaviors. Understanding these mechanisms is critical to the development of effective prevention strategies, which is the broader goal of Dr. Corning’s research. Specific areas of focus include the role of social comparison in body image, the effectiveness of self-affirmation for decreasing body concerns and increasing healthy behaviors, the covert consequences of fat talk, and the power of the mother-daughter relationship to mitigate the development of eating-disorder risk factors. Professor Corning also teaches the upper-level seminar, Understanding Eating Disorders, and is a licensed psychologist and health service provider.

**Selected Publications**


(* = student)