



Dr. Alexandra Corning is a faculty member in the Clinical Area in the Department of Psychology and directs the [Body Image and Eating Disorder Laboratory](#). Her research is aimed at elucidating the mechanisms underlying sociocultural influences on disordered eating and body behaviors. Understanding these mechanisms is critical to the development of effective prevention strategies, which is the broader goal of Dr. Corning's research. Specific areas of focus include the role of social comparison in body image, the effectiveness of self-affirmation for decreasing body concerns and increasing healthy behaviors, the covert consequences of fat talk, and the power of the mother-daughter relationship to mitigate the development of eating-disorder risk factors. Professor Corning also teaches the upper-level seminar, Understanding Eating Disorders, and is a licensed psychologist and health service provider.

Selected Publications

- Corning, A. F.**, Bucchianeri, M. M.*, & Pick, C. M.* (2014). Thin or overweight women's fat talk: Which is worse for other women's body satisfaction? *Eating Disorders: The Journal of Treatment and Prevention*, 22, 121-135.
- Bucchianeri, M. M.*, Serrano, J. L.*, Pastula, A. L.*, & **Corning, A. F.** (2014). Drive for muscularity is heightened in body-dissatisfied men who socially compare. *Eating Disorders: The Journal of Treatment and Prevention*, 22, 221-232.
- Corning, A. F.**, & Gondoli, D. M. (2012). Who is most likely to fat talk? A social comparison perspective. *Body Image: An International Journal of Research*, 9, 528-531.
- Bucchianeri, M. M.*, & **Corning, A. F.** (2012). An experimental test of women's body dissatisfaction reduction through self-affirmation. *Applied Psychology: Health and Well-Being*, 4, 188-201.
- Corning, A. F.**, Gondoli, D. M., Bucchianeri, M. M.*, & Blodgett Salafia, E. H.* (2010). Preventing the development of body issues in adolescent girls through intervention with their mothers. *Body Image: An International Journal of Research*, 7(4), 289-295.
- Gondoli, D. M., **Corning, A. F.**, Blodgett Salafia, E. H.*, Bucchianeri, M. M.*, & Fitzsimmons, E. E.* (2011). Heterosocial involvement, peer pressure for thinness, and body dissatisfaction among young adolescent girls. *Body Image: An International Journal of Research*, 8, 143-148.
- Blodgett Salafia, E. H.*, Gondoli, D. M., **Corning, A. F.**, Bucchianeri, M. M.*, & Godinez, N. M.* (2009). Longitudinal examination of maternal psychological control and adolescents' self-competence as predictors of bulimic symptoms among boys and girls. *International Journal of Eating Disorders*, 42(5), 422-428.
- Blodgett Salafia, E. H.*, Gondoli, D. M., **Corning, A. F.**, McEnery, A. M.*, & Grundy, A. M.* (2007). Psychological distress as a mediator of the relation between perceived maternal parenting and normative maladaptive eating among adolescent girls. *Journal of Counseling Psychology*, 54(4), 434-446.
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