

1. The state $|JM\rangle$ is an eigenstate of J^2 , J_1^2 , and J_2^2 . Since $J^2 = J_1^2 + J_2^2 + 2(\mathbf{J}_1 \cdot \mathbf{J}_2)$, we have

$$(\mathbf{J}_1 \cdot \mathbf{J}_2) |JM\rangle = \lambda |JM\rangle,$$

with

$$\lambda = \frac{1}{2} [J(J+1) - J_1(J_1+1) - J_2(J_2+1)]$$

2. The energy shift is

$$\begin{aligned} \Delta E_{njm} &= -\mu_0 B (-1)^{j-m} \begin{pmatrix} j & 1 & j \\ -m & 0 & m \end{pmatrix} \langle j||\sigma||j\rangle \\ &= -\mu_0 B \frac{m}{\sqrt{j(j+1)(2j+1)}} \langle j||\sigma||j\rangle \\ &= \frac{m}{j} \Delta E_{njj} \end{aligned}$$

3. Hartree-Fock Equations:

(a) Nonrelativistic:

$$\begin{aligned} h_0 P_{1s} + V_{\text{dir}} P_{1s} - \left[v_0(1s, r) P_{1s} + v_0(2s, 1s, r) P_{2s} + v_1(2p, 1s, r) P_{2p} \right] &= \epsilon_{1s} P_{1s} \\ h_0 P_{2s} + V_{\text{dir}} P_{2s} - \left[v_0(1s, 2s, r) P_{1s} + v_0(2s, r) P_{2s} + v_1(2p, 2s, r) P_{2p} \right] &= \epsilon_{2s} P_{2s} \\ h_0 P_{2p} + V_{\text{dir}} P_{2p} - \left[\frac{1}{3} v_1(1s, 2p, r) P_{1s} + \frac{1}{3} v_1(2s, 2p, r) P_{2s} + v_0(2p, r) P_{2p} \right. \\ &\quad \left. + \frac{2}{5} v_2(2p, r) P_{2p} \right] = \epsilon_{2p} P_{2p} \end{aligned}$$

Here,

$$h_0 P_{nl} = \left(-\frac{1}{2} \frac{d^2}{dr^2} + \frac{l(l+1)}{2r^2} - \frac{Z}{r} \right) P_{nl}$$

and

$$V_{\text{dir}} = 2v_0(1s, r) + 2v_0(2s, r) + 6v_0(2p, r)$$

(b) Relativistic: $R_{n\kappa} = (P_{n\kappa}, Q_{n\kappa})$

$$h_0 R_{1s} + V_{\text{dir}} R_{1s} - \left[v_0(1s, r) R_{1s} + v_0(2s, 1s, r) R_{2s} + \frac{1}{3} v_1(2p_{1/2}, 1s, r) R_{2p_{1/2}} + \frac{2}{3} v_1(2p_{3/2}, 1s, r) R_{2p_{3/2}} \right] = \epsilon_{1s} R_{1s}$$

$$h_0 R_{2s} + V_{\text{dir}} R_{2s} - \left[v_0(1s, 2s, r) R_{1s} + v_0(2s, r) R_{2s} + \frac{1}{3} v_1(2p_{1/2}, 2s, r) R_{2p_{1/2}} + \frac{2}{3} v_1(2p_{3/2}, 2s, r) R_{2p_{3/2}} \right] = \epsilon_{2s} R_{2s}$$

$$h_0 R_{2p_{1/2}} + V_{\text{dir}} R_{2p_{1/2}} - \left[\frac{1}{3} v_1(1s, 2p_{1/2}, r) R_{1s} + \frac{1}{3} v_1(2s, 2p_{1/2}, r) R_{2s} + v_0(2p_{1/2}, r) R_{2p_{1/2}} + \frac{2}{5} v_2(2p_{1/2}, 2p_{3/2}, r) R_{2p_{3/2}} \right] = \epsilon_{2p_{1/2}} R_{2p_{1/2}}$$

$$h_0 R_{2p_{3/2}} + V_{\text{dir}} R_{2p_{3/2}} - \left[\frac{1}{3} v_1(1s, 2p_{3/2}, r) R_{1s} + \frac{1}{3} v_1(2s, 2p_{3/2}, r) R_{2s} + v_0(2p_{3/2}, r) R_{2p_{3/2}} + \frac{1}{5} v_2(2p_{3/2}, 2p_{1/2}, r) R_{2p_{1/2}} + \frac{1}{5} v_2(2p_{3/2}, 2p_{1/2}, r) R_{2p_{1/2}} \right] = \epsilon_{2p_{3/2}} R_{2p_{3/2}}$$

Here,

$$h_0 R_{n\kappa} = \begin{pmatrix} -\frac{Z}{r} + c^2 & c \left(\frac{d}{dr} - \frac{\kappa}{r} \right) \\ -c \left(\frac{d}{dr} + \frac{\kappa}{r} \right) & -\frac{Z}{r} - c^2 \end{pmatrix} R_{n\kappa}$$

and

$$V_{\text{dir}} = 2v_0(1s, r) + 2v_0(2s, r) + 2v_0(2p_{1/2}, r) + 4v_0(2p_{3/2}, r)$$

4. Hartree-Fock Energies

Shell	Energy	Expt.
Lithium		
1s	-2.792364	
2s	-0.196304	-0.198142
2p	-0.128637	-0.130235
3s	-0.073797	-0.074182
Boron		
1s	-8.185922	
2s	-0.873823	
2p	-0.275903	-0.304947
3s	-0.114517	-0.122513