

# **Achieving Ecological Resilience through Regime Shift Management**

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ABSTRACT. *Resilience* has come to mean several things in the system sciences. The term is used to describe systems whose function is robust with respect to external disturbances. It is used to describe systems that tolerate faults in some internal component. It is also used to describe systems that have the capacity to recover after a complete collapse of system function. This monograph defines resilience in the last sense. This notion of resilience is often called *ecological resilience*. For a system to be ecologically resilient, one first accepts system collapse as being inevitable and then requires that the resources for subsequent system recovery be buried in the wreckage of that collapse.

The ecological concept of a *regime shift* plays an important role in describing abrupt shifts in ecosystem behavior. In particular, the collapse of system function may be seen as an instance of a regime shift. Restoring a collapsed ecosystem often involves walking the system through a specific sequence of alternative states before full recovery can be achieved. The transitions between these alternative states are also regime shifts. But in this case, these regime shifts are purposefully triggered to speed up the recovery process. Managing regime shifts that trigger system collapse provides a way to *conserve* existing system function. Managing regime shifts that systematically rebuild lost system function provides a way to *restore* lost system function. Regime shifts, therefore, play an important role in enhancing the ecological resilience of a dynamical system.

This monograph formalizes the ecologist's regime shift concept by identifying regimes with components (also known as basic sets) of a Morse decomposition of the system's chain recurrent set. This formalization allows the identification of two distinct regime shift mechanisms; one triggered by external shocks (shock-induced regime shift) and the other triggered by bifurcations of the system flow (bifurcation-induced regime shift). This monograph formally defines ecological resilience in terms of a discrete abstraction (called the *regime transition system*) that characterizes the sequences of shock-induced regime shifts that can be triggered in the system. This monograph shows how that transition system can be constructed from the system's differential equation model and demonstrates how it can be used to enhance ecological resilience through the careful management of the system's regime shifts.

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