The
LONDON SURVIVAL GUIDE
2015-2016

NOTRE DAME
LONDON LAW PROGRAMME
TABLE OF CONTENTS

INTRODUCTION TO THE PROGRAMME .............................................................. 6
  LONDON LAW PROGRAMME & LLM PROGRAMME ........................................ 6

THE PROGRAMME AND THE PREMISES ........................................................... 8
  THE BUILDING .............................................................................................. 8
  HOW TO FIND YOUR WAY TO THE UNIVERSITY OF NOTRE DAME .......... 9
  FACILITIES .................................................................................................... 9
    Mail ............................................................................................................. 9
    Building Access ........................................................................................ 9
    Libraries ..................................................................................................... 9
    Computers .................................................................................................. 9
    Internet Access .......................................................................................... 9

COURSE DESCRIPTIONS & FACULTY ............................................................. 10

TEXTBOOKS .................................................................................................... 10

EMERGENCY AND COUNSELLING SERVICES .............................................. 12

NON-EMERGENCY CONTACT INFORMATION ............................................... 12

PREPARING FOR LONDON ............................................................................. 13

IMMIGRATION .................................................................................................. 13
  Useful Websites ........................................................................................... 18
  Useful Addresses ........................................................................................ 18

TRANSPORT TO LONDON ........................................................................... 18
  Flights to London ........................................................................................ 18
  CIEE Travel, ISIC Cards, and STA Travel .................................................... 18

FINANCIAL MATTERS .................................................................................... 19
  Financial Aid ................................................................................................ 19
    General ....................................................................................................... 19
    Forms & Paperwork ................................................................................... 19
    Receiving Loan Money in London ............................................................ 20
  Money ............................................................................................................ 20
    Exchanging Money .................................................................................... 20
  Bank Accounts ............................................................................................. 21
    U.S. Bank Accounts .................................................................................... 21
    British Bank Accounts ................................................................................ 22
  Credit Cards .................................................................................................. 22
  American Express ........................................................................................ 23
  Helpful Translations ..................................................................................... 23

HEALTH INSURANCE ..................................................................................... 23

PACKING .......................................................................................................... 23
  What to Bring ............................................................................................... 24
  What NOT to Bring ...................................................................................... 24
  Expensive Items ............................................................................................ 24
  Personal Data ................................................................................................. 24
MOBILE PHONE & INTERNATIONAL CALLING ........................................... 34
Skype .................................................................................. 34
Ekit ...................................................................................... 34
Mobile Phones ..................................................................... 34
NHS PHYSICIAN REGISTRATION ................................................. 35
INTERNSHIPS AND EMPLOYMENT .............................................. 36
Internships ........................................................................... 36
Paid Employment ................................................................ 37
  External Positions ....................................................... 37
  Employment for Spouses ............................................ 37
Networking........................................................................... 37
WHAT TO DO IN LONDON ....................................................... 37
SHOPPING ..................................................................................... 38
Retail – Individual Stores ..................................................... 38
Retail – Malls and Shopping Areas ..................................... 38
Groceries ............................................................................. 39
Markets................................................................................. 39
DINING .......................................................................................... 40
Cheap Eats .......................................................................... 40
Pub Food ............................................................................. 41
Vegetarian ........................................................................... 41
Indian/Pakistani/Middle Eastern .......................................... 41
Asian ................................................................................... 41
Spanish Mexican ................................................................. 42
Italian ................................................................................... 42
Dining Guides ...................................................................... 42
ENTERTAINING ............................................................................... 42
General Entertainment Guides ............................................ 42
Theatre ................................................................................ 43
  Musical Theatre (West End) ............................................. 43
  Plays ........................................................................... 43
  Opera, Dance, Ballet ................................................... 44
  Music, Dance, Visual Arts ........................................... 44
Concerts .............................................................................. 44
Cinemas .............................................................................. 44
Museums ............................................................................. 45
Television/Movies ................................................................ 45
Pubs and Clubs ................................................................... 46
Special Events ..................................................................... 47
AROUND TOWN .............................................................................. 48
Tours/Sightseeing ............................................................... 48
Food & Drink .................................................................... 50
Recreation .......................................................................... 50
Other Notable Sights ........................................................... 50
MISCELLANEOUS INFORMATION .............................................. 52
V.A.T. .................................................................................. 52
TRAVEL OUTSIDE LONDON

STUDENT TRAVEL AGENCIES AND ISIC CARDS

DISCOUNT AIRLINE SERVICES

RAIL PASSES

Britrail Passes and Young Person’s Railcards

Eurail Passes

ACCOMMODATION

Hostel World

ISH TRAVEL CLUB

TRAVEL HEALTH

TRAVEL GUIDES

RECOMMENDED READING

Insights Into Being A Foreigner in England

Social and Political History

London Information

RECOMMENDED WEBSITE
I. INTRODUCTION TO THE PROGRAMME

LONDON LAW PROGRAMME & LLM PROGRAMME
The London Law Programme has been in continuous operation since 1968. Each year about twenty-five J.D. students from the home campus spend either one or two semesters studying in London. There may also be as many as ten students studying for their LL.M. degrees by taking many of the same classes as the J.D. students. These LL.M. students have earned their first law degree in countries as diverse as Australia, Austria, Brazil, Canada, China, France, Germany, Japan, Lebanon, Mexico, Spain, Taiwan, Thailand, U.K., and the United States.

All courses and instruction are taught in conformity to the standards of the Association of American Law Schools and the American Bar Association. **Approximately 50 credit-hours of courses are available, of which J.D. students are required to take a minimum of 28 and LL.M. students are required to take a minimum of 24.** Several of the upper-level courses required for the J.D. are offered as well as international and comparative law electives. Students may also participate in Directed Readings and Legal Internships for academic credit.

In addition, students may receive credit for the following co-curricular activities: 1) *Journal of College and University Law;* 2) *Journal of Law, Ethics and Public Policy;* 3) *Journal of Legislation;* 4) Moot Court - International; and 5) *Notre Dame Law Review*

Some students elect to do both Summer Law Programme and the year-long programme (ND students only; ABA regulations allow only up to 30 credits to be transferred back to the home campus); however, courses taken during the summer cannot be repeated during the remainder of the academic year.
II. THE PROGRAMME AND THE PREMISES

The address of the London Law Centre is:

University of Notre Dame
London Law Centre
1 Suffolk Street
London SW1Y 4HG

Tube:

- Charing Cross (Northern and Bakerloo lines)
- Piccadilly Circus (Piccadilly and Bakerloo lines)
- Embankment (Northern, Bakerloo, Circle and District lines)
- Leicester Square (Piccadilly and Northern lines)

Telephone:
020 7484 7800 (Reception)
020 7484 7821 (Law Administration)
If dialled from the United States: 011-44-20-7484-7821¹

THE BUILDING

The building is open every day from 8:00am to 2:00am the following morning. Please note that there is no entrance to the building from 1:30am.

The above hours may change at certain times, such as on public holidays. You will be informed of any changes to the building opening hours by email.

The official name for the Suffolk Street building is Marian Kennedy Fischer Hall. Located near Trafalgar Square, the building has some 27,000 square feet of usable space. The building was constructed in 1906, for the United Universities Oxford and Cambridge Club. Many of the original features of an elite gentlemen's club remain, including an impressive staircase, mahogany doors to the main rooms, intricate ceiling mouldings, and ornate fireplaces. The building also houses the University’s undergraduate programmes, with 130 students each semester.

¹ For international dialling, the first digits (here “011”) are required to signal that the call is an international one. The “011” is the international dialling code for calls placed from the United States; the code is different in other countries. The second digits (here “44”) are the country code. The “44” is the country code for England, from all countries in the world. The third digits (here “20”) are the city code -- sometimes the city code is combined with the country code, so be sure you ask before dialling. For calls to London from overseas, the city code is -- “20”; if the calls were made from within England, you would have to dial “020” -- the initial “0” is not used on calls from overseas. The convention is to place a plus sign (+) in front of the number to indicate that the caller is first to dial the access code in their own country, followed by the numbers shown. For example, here the listing would be +44 20 7484 7821.
The Law Office does not accept personal calls for students, other than in emergencies, and does not take messages.

HOW TO FIND YOUR WAY TO THE UNIVERSITY OF NOTRE DAME
Nearest Tube stations are:
Charing Cross (Northern and Bakerloo lines)
Piccadilly Circus (Piccadilly and Bakerloo lines)
Embankment (Northern, Bakerloo, Circle and District lines)
Leicester Square (Piccadilly and Northern lines)
Google Map: University of Notre Dame

FACILITIES
 Mail
You may have your mail addressed to the Law Centre. You should realise that because this is a commercial address, the mail may not be as secure as if delivered to a personal address. Be sure that your address includes “London Law Centre,” to help direct the mail sorters.

 Building Access
All students will require a proximity card which will be issued from the Law Administration Office and/or Conway Hall. A £5.00 refundable deposit is required.

 Libraries
The law library has a small, but significant collection of books. There are limited collections of periodicals and treatises. There is also unrestricted access to LEXIS and WESTLAW for student use.

For anything other than the most rudimentary research, law students may use the Institute of Advanced Legal Studies (IALS), the outstanding London legal research library. The IALS is located about ten minutes away by Tube from the Law Centre (nearest tube stop is Russell Square). It is also within 25 minutes walking distance.

 Computers
There is a computer lab for law students. There are eight Windows-based machines, with printer. These machines provide access to email services as well as the web. Both the library and classrooms have points for laptop power and most of the building is equipped with wireless technology.

 Internet Access
The primary purpose of providing internet access is to allow you to browse the web for research and studying, have access to e-mail (preferably web based) and use your instant messaging applications. The use of file sharing clients such as LimeWire, Kazaar or any other ‘BitTorrent’
clients is not permitted. Anyone found to be using such software applications will have their internet access summarily revoked. Your wireless internet access is provided through a shared connection. Therefore, users are required to act with responsibility and consideration towards other users in the building. For example, please avoid downloading very large files - movies, TV programmes and the like - and be aware that that sort of internet activity will adversely affect the performance of other users’ connections.

The London Programme reserves the right to disconnect from the network anyone found to be involved in criminal internet activity or excessive downloading to the detriment of other users’ internet experience.

**JANET Acceptable Use Policy**
In addition to the above stated policy Internet access is provide through an agreement with JANET. You are therefore bound to JANET’s acceptable use policy as well. The policy can be found at the following link: [http://www.nd.edu/~londonit/](http://www.nd.edu/~londonit/)

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**COURSE DESCRIPTIONS & FACULTY**
Course and faculty descriptions are available on the London Programme website available at:
Course descriptions
Faculty

**TEXTBOOKS**
Books may be purchased from the Law Administration office for certain courses or at London bookshops or online. Some bookshops offer 10% student discount if you show your student ID card.

Recommended bookshops:

- **Wildy & Sons**
  Lincoln’s Inn Archway
  Carey Street
  London WC2A 2JD
  Tel: 020 7242 5778
  Mon to Fri – 8:45am to 6:00pm
  They sometimes have second hand copies

- **Wildy & Sons**
  16 Fleet Street
  London EC4Y 1AU.
  Tel: 020 7353 3907
  Mon to Fri – 9:00am to 6:00pm
Saturday – 10am to 4pm

Web: www.wildy.com
Email: info@wildy.com

- **Waterstones**
  London School of Economics
  Clare Market
  Portugal Street
  Tel: 0843 290 8247

- **Waterstones**
  Piccadilly, London
  Web: www.waterstones.com

- **Hammicks**
  191-192 Fleet Street
  LONDON, EC4A 2NJ
  Tel: 020 7405 5711
  Mon to Fri – 9:00am to 7:00pm
  Sat: 10:00am to 5:00pm

  Web: www.hammickslegal.com
  Email: fleetstreet@hammicks.com

- **Blackwell**
  100 Charing Cross Road
  London WC2H 0JG
  Tel: 020 7292 5100
  Mon-Sat 9:30am – 8:00pm
  Sun 12:00 – 6:00pm

  Web: [http://bookshop.blackwell.co.uk/](http://bookshop.blackwell.co.uk/)
  Email: orders.London@blackwell.co.uk

- **Amazon**
  www.amazon.co.uk

Additionally, many used books are available in the Law Programme Administration Office.
**EMERGENCY AND COUNSELLING SERVICES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency, Fire, Police, Ambulance</td>
<td>999</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>020 7833 0022</td>
</tr>
<tr>
<td>Citizen’s Advice Bureau (legal advice)</td>
<td>08444 111 444</td>
</tr>
<tr>
<td>Rape Crisis Helpline</td>
<td>0808 082 999</td>
</tr>
<tr>
<td>Drugs (and alcohol) information and help</td>
<td>0300 123 6600</td>
</tr>
</tbody>
</table>

**NON-EMERGENCY**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police</td>
<td>101</td>
</tr>
</tbody>
</table>
PREPARING FOR LONDON

☑ CHECKLIST

☑ IMMIGRATION
   ➢ Make sure you have your Passport and Visa applications prepared well before you leave according to the required deadlines

☑ TRANSPORTATION
   ➢ Book Flights to London
   ➢ Determine if you Qualify for any student discount cards

☑ TEMPORARY HOUSING (IF NOT STAYING IN CONWAY HALL)
   ➢ Book a hostel for temporary stay while searching for permanent housing.
   ➢ You will probably want to book for at least a week; you can always cancel ahead of time if you find permanent housing sooner
   ➢ A list of recommendations is provided; you will want to stay in zones 1 or 2 fairly close to the areas in which you plan to search.

☑ FINANCIAL MATTERS
   ➢ Take care of financial matters early and bring all financial info with you to London
   ➢ Contact financial Aid Office to have loan amount increased to account for increased costs of living, travel to London, etc.
   ➢ Contact Financial Aid Office to have your loans directly deposited into a U.S. account that you can then access from a London ATM
   ➢ If you plan to open a British Bank account, first open an account in the U.S. Recommended banks are Citibank and HSBC.
   ➢ Have A LOT of cash on-hand when you arrive in London! You will have many up-front expenses, particularly for securing permanent housing, for which you will need a significant amount of CASH.

☑ HEALTH INSURANCE
   ➢ Maintain your own private insurance from the states, but be sure to educate yourself on the terms of your coverage for injury abroad.
   ➢ Register for the NHS on arrival in the U.K.

☑ PACKING
   ➢ See list of recommended items.
   ➢ Note that airlines are particularly restrictive of the amount of baggage allowed per passenger.

☑ 2L SUMMER JOB SEARCH
   ➢ Plan ahead!
   ➢ Contact firms well in advance of leaving for London.
   ➢ Contact the Career Services office for questions and suggestions.
IMMIGRATION

Student Visitors

Those who can come as Student Visitors are the following:

- Studying in the UK for less than 6 months
- Not wanting to work or take an internship.

For US nationals (plus some other nationalities – see www.ukba.homeoffice.gov.uk, ‘Do I need a visa?’) there is no need to apply for a visa before travelling – you can simply request to be admitted as a Student Visitor when you see an immigration officer on arrival in the UK.

Documents to carry with you

You should have the following with you to show the immigration officer on arrival:

- Letter of acceptance from UND London giving details of your course and tuition fees, and any accommodation that has been arranged
- Return flight ticket
- Evidence of sufficient money to pay any outstanding tuition and your living expenses for the full length of your course – this can be bank statements in your name or a parent’s/legal guardian’s name (if the latter, also carry a letter from that person confirming your use of their funds).

Tier 4 Adult (General) students

You will need a ‘Confirmation of Acceptance for Studies’ or CAS provided by UND London.

Timing

You should apply for your visa as soon as you are given your CAS (but no more than 3 months before your course starts).

The visa application can take a couple of weeks to prepare, and up to a month to process, so make sure you allow enough time! See below for expedited processing options.

Checklist of supporting documents (as of 22 February 2012)

All documents must be the originals.
- **Passport, original**
• **One passport sized photograph** (face on, neutral expression, no hats/glasses unless necessary, plain light background – the type taken at Walgreens or Dominick’s)

• **Copy of your Visa Application Form and biometrics appointment confirmation** (stamped at the time of appointment)

• **Appendix 8**
  http://www.ukba.homeoffice.gov.uk/sitecontent/applicationforms/visas/vaf9-app81.pdf
  You should use the information given to you in your CAS to complete this.

• **Documents used to obtain your CAS** - You must provide any documents listed on your CAS that were used to obtain your place on the London course e.g. your transcript might be listed (if so, you must provide an original copy, not a photocopy). If the CAS states that you were offered a place based on progress on an existing course, or assessment by Notre Dame, then you will not need to provide any documents for this section.

• **Evidence of funds** - You must show evidence of enough money to pay both:
  ✓ Any outstanding fees stated on your CAS that are still due to be paid, plus
  ✓ Your monthly living costs for up to 9 months (or the length of the course if shorter), at £1000 per month – you can deduct any accommodation fees that your CAS states have already been paid.

  See Annex A for requirements for documentation.

**Process**

• You will need to complete an application for a Tier 4 (General) visa at www.visa4uk.fco.gov.uk

• Once you have submitted this you will pay the visa fee online and book an appointment to have biometrics (fingerprints) taken at a location nearest you

• Once you have had your fingerprints taken you can then mail all of the above documents to the address given on your application form

• Note: if you want to expedite the processing time go to www.visainfoservices.com; when on the USA page choose ‘Additional services’ where you will find full options.

• Once granted the visa, when you travel to the UK you should carry with you your evidence of funds and documents used to obtain your CAS, in case you are asked for them by the immigration officer on arrival (this is not mandatory but is advised).

If you wish to review the full Tier 4 Policy Guidance see:
http://www.ukba.homeoffice.gov.uk/visas-immigration/studying/adult-students/apply-outside-uk/

Annex A

Evidence of funds - requirements

A) The funds must have been **held for 28 days**.
They must have not dipped below the required amount on any day during those 28 days. Your evidence must show the balances for the full 28-day period (a statement showing the balance in an account for one particular day only will not be acceptable, as it will not show that the funds have been held for 28 days).

B) The evidence must be dated as a maximum of one month old.

This is as of the date you paid your application fee online.

C) The evidence of money held must be of cash funds.

They can be in a bank (this includes savings accounts and current accounts even when notice must be given), as a loan letter or official financial sponsorship available to you. Other accounts or financial instruments such as shares, bonds, overdrafts, credit cards and pension funds are not acceptable, regardless of notice period.

D) If submitting bank statements, your bank statements must show:

- Your name or your parent’s/legal guardian’s name (a joint account with someone else is also acceptable as long as you are named on the account)
- The account number in full (you cannot use statements that state xxxx1234, for example)
- The date of the statement (maximum of one month old at the time you paid for your online visa application)
- The financial institution’s name and logo
- The amount of money available. The value in pounds sterling will be calculated using www.oanda.com/convert/classic
- That there has been enough money consistently in your account for 28 days to cover the requirements (i.e. your outstanding course fees and up to 9 months maintenance).

If you use electronic bank statements, every page must be stamped with the official bank stamp, or you must provide a letter from the bank on official bank letterhead confirming that the electronic statements are authentic.

E) If submitting a letter from your bank, the letter must show:

- Your name or your parent’s/legal guardian’s name (a joint account with someone else is also acceptable as long as you are named on the account)
- The account number in full (you cannot use a letter that states xxxx1234, for example)
- The date of the letter (maximum of one month old at the time you paid for your online visa application)
- The financial institution’s name and logo
The amount of money in your account - the value in pounds sterling will be calculated using www.oanda.com/convert/classic.
That there has been enough money consistently in your account for 28 days to cover the requirements (i.e. your outstanding course fees and up to 9 months maintenance).

F) If submitting a loan in your name, this must show:

- Your name (you cannot use a loan in your parents'/legal guardian’s name)
- The date of the letter (maximum of one month old at the time you paid for your online visa application)
- The institution’s name and logo (it must be an institution that is regulated by a US financial regulator)
- The money available as a loan
- This money must be available before you travel to the UK, unless it is a government loan that will be released to you on arrival in the UK (either directly or via UND London – if the latter, your UND London will provide you with a specific letter confirming your loan for you to submit with your visa application)
- There must be no conditions on release of the loan other than a successful visa application.

G) If submitting evidence of official financial sponsorship from an organisation, this must:

- Be on the official letterhead of sponsor
- Have the official stamp of the sponsor
- Show your name
- Show the name and contact details of your sponsor
- Show the date of the letter
- State the length of sponsorship
- State the amount of money to be given, or a statement that all fees and living costs will be covered.

H) If using money from a parent or legal guardian you must provide both:

1. Evidence of how you are related – an original legal document or notarised copy of one of the below:
   - The student’s birth certificate showing names of his/her parent(s);
   - The student’s certificate of adoption showing names of both parent(s) or legal guardian;
   - A Court document naming the legal guardian of the student.

2. Evidence that your parent(s)/legal guardian has given their permission for you to use this money. This requires a letter from your parent(s) or legal
guardian confirming the relationship between you and that they have given their consent to you using their funds to study in the UK.

✈ Useful Websites
- British Home Office
  www.homeoffice.gov.uk/
- U.S. Department of State Travel Warnings
  http://travel.state.gov
- Information for Americans Living Abroad
  http://travel.state.gov/travel/living/living_1243.html

✈ Useful Addresses
UK Border Agency
Lunar House
40 Wellesley Road
Croydon
Surrey, CR9 2BY

American Embassy
24 Grosvenor Square
London, W1A 6AH

✈ TRANSPORTATION TO LONDON

✈ Flights to London
Most of the major airports in the U.S. have direct flights to London several times per day. The challenge is in getting the best airfare. The best advice is to start early and be diligent. Different airlines will offer different rates on the same route. Call around, be flexible and do not be afraid to ask for prices on a different day or time. For example, often Mon-Thurs fares are cheaper than the Fri-Sun flights. Checking national newspapers for fare deals and shopping around travel agents both help to locate the best fare. Also check with your local travel agent concerning APEX fares, reduced-tariff tickets which must be purchased well in advance. These have varying lengths of duration and are generally non-transferable.

A useful website for securing discounted student rates on flights is: www.studentuniverse.com (operated by Orbitz). STA Travel also offers student tickets at www.statravel.com. Beware that the branch offices typically offer different fares than the website, so it might be a good idea to check both sources.

✈ CIEE Travel, ISIC Cards and STA
Full-time students, and anyone under twenty-five, are also able to purchase reduced fare tickets through CIEE Travel.
The Council on International Education Exchange (CIEE) offers low-cost fares to holders of the International Student Identification Card (ISIC). Not only is an ISIC helpful in finding cheaper airfares, but is also necessary when purchasing discounted student bus and train tickets and to qualify for student prices at museums, theatres, and other events in England and throughout Europe.

The ISIC can be obtained at the Notre Dame home campus (at Anthony Travel, in LaFortune Student Centre), at any CIEE Travel Office, at any STA Travel office, or in London. The card costs approximately £12.00; you will need a passport-sized photograph. The easiest way to obtain an ISIC is to get it at ND before leaving school.

For more information and to purchase cards online:
USA https://www.myisic.com/
UK https://www.isic.org/ UK/STA

FINANCIAL MATTERS
- Financial Aid
  - General
    One of the greatest concerns for students studying in London is money. As soon as you decide to go to London, contact the Financial Aid Office about your plans. They can then increase the amount of loans you are entitled to receive to reflect the higher cost of living in London. Also, if you have undergraduate loans that you wish to have deferred, be sure to contact your lender and request a deferment form before you leave.

  - Forms & Paperwork
    To minimize delay you should complete all forms for your loans as soon as possible, definitely before you leave for London. Loans will not be disbursed until the first class day of the London programme at the earliest, so students will need to have an alternate method of funding to pay for temporary housing and apartment deposits/rent until the loans come in. Typically, students sign up to have their loans direct deposited into a Notre Dame Credit Union or other bank account so it will be available immediately after Notre Dame releases it. If you participated in Federal Work Study during your 1L summer, the Financial Aid Office already has your bank details and you just need to notify them that you want to have your loans directly deposited.

    Remember to bring copies of your forms and correspondence concerning your loans to enable you to respond to difficulties or to request an increase in your loan amounts. In addition, landlords may want to see these documents to verify your ability to pay rent.
Receiving Loan Money in London

The easiest and fastest method of cashing your loan checks is to call your US bank to increase your ATM withdrawal limit and then withdraw the money from a UK bank ATM. Most UK ATMs will not charge fees and American banks typically charge approximately 1% finance fee to withdraw from a UK ATM. ATMs will typically offer the best exchange rate. However, many US banks have agreements with one or two UK banks that will reduce or eliminate withdrawal fees immediately, so you might want to check with your bank before you leave.

Another option is to do a wire transfer from US bank to your UK bank. This typically takes from 48-72 hours to complete, but the US bank will usually charge a fee to transfer money on top of giving you a worse exchange rate than you’d get at the ATM.

Finally, you can attempt to deposit a US check in the UK bank, but it may take up to 6 weeks for the check to clear, if the bank will accept the check at all. You should not rely on this method as a way to transfer money.

Note: Western Union is NOT a preferred option for obtaining large amounts of cash. The post-9/11 terrorism finance laws in the U.S. have made it incredibly difficult to have large amounts of money transferred outside of the U.S. Therefore, it is not advised that you try to have funds sent via Western Union due to the significant hassle. If you must receive funds immediately, note that you will only be able to have a limited amount sent to you in a given transaction.

For questions, contact the financial aid office:

Financial Aid Office
Phone: 574-631-6436
e-mail: finaid.1@nd.edu
1. www.nd.edu/~finaid

Student Accounts
Phone: 574-631-7113
e-mail: stdacct.1@nd.edu
2. www.nd.edu/~stdacct

Money

Exchanging Money

Heathrow and Gatwick both have exchange facilities ("Bureaux de Change"), so if you arrive with foreign currency you may change money at the airport. Banks and bureaux de change in the city may offer better rates, so only exchange a small amount of money at the airport.

When converting money, be aware that what appears to be a favourable rate of exchange may be accompanied by a high service charge for each transaction. The best rates are found at American Express (with no
commission charged on traveller’s checks; there is a commission charged on exchanges of cash), which is located at Heathrow, in Haymarket near to Suffolk Street, and several other locations.

Perhaps the best option is to draw money from home accounts at ATM machines in London. (See above section for further details)

Also an option for students who wish to have Sterling when they enter Britain is to purchase American Express Traveller’s Checks in Sterling in the States. They can be purchased from some American Automobile Association (AAA) offices (call your nearest branch for information) and are commission-free for AAA card holders. They may also be purchased at American Express offices selling traveller's checks. For up to the minute exchange rates, visit www.xe.com

❖ Bank Accounts

❖ U.S. Bank Accounts
Students should keep a checking account open in the States or their home country. This allows you to keep your money in your own currency. You can then pay off your home credit cards with your home account and extract money in London by using your ATM card. You may also send your private loan checks and other checks back home to deposit in the account until the money is needed.

Some students have not opened a British account in London and have done all their banking from home. However, if you do want to open a British account, you will want to do so before leaving the U.S. as opening a bank account in Britain can be quite challenging otherwise. If you live near a Citibank or HSBC office in the States, you may want to inquire about an account, which enables you to have an account in the U.S. but also to use branch offices in Britain. However, you cannot deposit checks in their offices. The Citibank branches closest to the London Law Centre are at Units 3 & 5, Paternoster House, St Paul's Churchyard, London, EC4M 8AB and 3 Hanover Square, London, W1S 1HD. For all London branches, the Citibank phone number is 0207-500-5000. HSBC branches are found throughout London.

❖ British Bank Accounts
When opening your account, bring copies of your financial information, a recent bank statement from home is useful, and a letter from the London Director.

Beware that some banks may try to offer you a limited account that will allow only ATM withdrawals or other minimal functions. It is useful to have
a U.K. debit card as the U.K. uses a chip+pin payment system and many companies cannot accept cards that do not carry the chip.

**Bank Accounts Tips**

**U.S. Bank Accounts:**

- **Notify your Bank** - Even if you retain your U.S. billing address (e.g., if you use electronic billing and don't need paper copies of your bank or credit card statements), it is advisable to call your banks and credit card companies anyway to let them know the dates that you’ll be in London. Charges made in foreign countries raise red flags in the fraud departments of some banks and credit card companies, and some will freeze your accounts unless they have advance warning.

- **Adjust Cash Limits** - Most banks have a limit on how much cash you can take out of the ATM each day. Before leaving for London, check with your bank to see what this limit is and raise it as high as possible. This will save a lot of trouble when supplying cash for first/last month rent as well as each month when rent comes due!

- **Avoid ATM Fees** - Most banks will charge additional fees when using international ATMs. Therefore, you will want to find out what these fees are and if your U.S. bank has any partner banks in the U.K. where you can received reduced (or no) ATM fees.

**British Bank Accounts**

- **Open Account in U.S. before leaving for the U.K.** - Opening a bank account in the U.K. is less straightforward than in the U.S. If you would like to have one (for avoiding ATM fees, etc.), it is advised that you first open an account with a bank that has a London branch such as Citibank or HSBC. It will then be significantly less of a challenge to transfer this account to the U.K.

**Credit Cards**

Many cash machines will give cash advances on Visa and Mastercard as well; you should call your credit card company and find out your PIN number before you come to London. Additionally, many places in Europe accept Visa and Mastercard but not American Express. Often, using a credit card gives a better exchange rate than can be obtained through local banks or ATMs. There is normally a transaction charge for withdrawals ($2-5). If you open a HSBC account, you can apply for a British Visa or Mastercard. If you retain your American cards don’t forget to (i) change your billing address to the U.K. and (ii) keep a U.S. checking account open to pay your bills.
American Express
If you have an American Express card, your personal check drawn on your hometown bank (in dollars) will be honoured, and then converted into traveller’s checks or cash, at the American Express office. There is no charge for this service. There are limits to the amounts, depending on the type of card you carry ($1,000 every 21 days on a regular card; $2,500 on the Gold Card). You should also enrol in the Express Cash service that allows you to withdraw cash from an American Express cash machine and debit your bank account at home. The American Express office closest to the Law School is on Haymarket, a few yards from Suffolk Street. An American Express card is highly recommended.

Helpful Translations

<table>
<thead>
<tr>
<th>English</th>
<th>American</th>
</tr>
</thead>
<tbody>
<tr>
<td>current account</td>
<td>checking account</td>
</tr>
<tr>
<td>savings account</td>
<td>savings account</td>
</tr>
<tr>
<td>debit card</td>
<td>debit card</td>
</tr>
<tr>
<td>24-2-01 (24 Feb. 2001)</td>
<td>2-24-01 (Feb. 24, 2001)</td>
</tr>
<tr>
<td>postal order</td>
<td>money order</td>
</tr>
<tr>
<td>quid/sterling/pound</td>
<td>Pound</td>
</tr>
</tbody>
</table>

Health Insurance
All students, J.D. as well as LL.M., are required to show proof of health insurance coverage. This requirement exists in addition to coverage provided by the National Health Service (NHS) – and it is a wise precaution if for no other reason than that it will allow you to be returned to your home country should you have a serious medical problem. For information on how to register with an NHS physician, see “NHS Physician Registration”

HTH Worldwide – Medical Insurance

Packing
What to Bring
- eye glasses (an extra pair may be a good idea)
- optical prescriptions for glasses or contacts
- dress suit, suitable for dining at Inns of Court (or other places) and for interviews
- contact lenses and their cleaners
- any special beauty or skin care products you may use
- medical prescriptions (keep with your medications to avoid problems in customs)
- any games, holiday decorations, or sports equipment you cannot live without
- a good, comfortable pair of shoes
- electrical adaptor (see below)

**What NOT to Bring**
- plant items
- your pet
- cordless phones (will not work)
- electrical alarm clocks (will not convert, even with an adapter)
- VCR's and TV's (British ones run on a different system)
- sheets and bedding (if you end up in an unfurnished apartment you may want to have them sent)

**Expensive Items**
If you bring expensive items you should leave a copy of their purchase invoices, serial numbers, and insurance policies (if any) with someone back home as well as bringing the originals with you. It is important to insure expensive items, such as your laptop, before leaving for the U.K. London is a large city and unfortunately thefts occur. If you are unable to insure your items before arriving, you may want to take out renters insurance (called “contents insurance” in the U.K.) through a reputable insurance company.

**Personal Data**
When traveling to London initially there are a number of items that you should have readily accessible
- Passport
- Tickets and flight information
- Letter verifying your status as a full-time, Notre Dame student.
- Immigration records
- Letter(s) from your lender or bank showing that you have the financial capability to pay for your bills while in London (you must show this to the customs officer upon entry in addition to your Notre Dame letter)
- List of important numbers for you (and your spouse), including: Social Security numbers, passport numbers and renewal dates, employee ID numbers (if you have a job lined up), insurance policy numbers, health insurance numbers, bank account and bank card numbers and addresses, serial numbers and purchase receipts for any large items you may bring, credit card numbers and addresses, traveller’s check numbers, phone number of someone back home to call in case of an emergency, and the Law Centre’s phone number and address.

**Weather**
The weather is not extremely cold or nasty in London (this is not South Bend). The temperatures vary from highs of 80 °F (24 °C) to lows of 28 °F (-2 °C). July is the warmest month while January is the coldest and rainiest. It does drizzle in London, so bring an umbrella or raincoat. It is also essential that you bring
clothes so that you can dress in layers, because the heating in some buildings is not optimal. A quick and easy tip in converting Celsius to Fahrenheit is to double the Celsius and add 30 degrees.

Electricity

The electrical current in the U.K. is different from the U.S. The U.S. current is 110 volts and 60 Hz while the U.K. current is 220/240 volts and 50 Hz. You might want to consider not bringing items that require transformers and buying them here instead (blow dryers and curling irons). A transformer here will cost anywhere from £15 to £75 with most being around £30-£35 (that's over $50). You'll also need an adapter as well, because U.K. plugs and sockets are of a different size. Furthermore, not all products function well (or at all) with transformers and you'll need different ones for different appliances depending on their size and strength. When adapters blow they often fry the appliances with them and can even cause a fire. A better idea may be to bring a full set of rechargeable batteries in different sizes and buy a battery charger in the U.K. This will only set you back around £10 and you completely avoid the risk of ruining your equipment with a faulty adapter. If you need to buy minor domestic appliances there is a store called Argos (rather like Service Merchandise) within walking distance of the school near Tottenham Court Road tube station.

2L SUMMER JOB SEARCH

The difficulties of being in London while looking for a job in the United States are obvious. Indeed, even the London branches of American firms will generally not interview students for parent firms. In addition, many employers interview in the fall and have December deadlines for making offers. You may not be able to return to the U.S. before then without missing classes. You should therefore interview for summer jobs (that is, the summer after your year in London) before you come to London.

You should write to firms during the summer before you go to London and try to arrange interviews before you leave for London. Be sure to explain why you need to interview early. It can be an advantage to interview early because the firms will see you before the fall rush of resumes. You should also consider interviewing at the home campus during the first weeks of the interviewing season – the London term begins in late September, allowing you to interview before you leave for London. With the Career Services Office having web-based scheduling for fall interviews, you will be able to check the schedule from any place that has access to the web.

The same advice – plan ahead – also applies to applications for judicial clerkships.

The Career Services Office on the home campus will be sure that you receive information about summer jobs as well as judicial clerkships while you are in London. In addition, opportunities for summer employment in London may become available during your stay.

The Law Programme in London has its own video conferencing equipment which, with adequate notice, is available to students if a firm is willing to interview them in this way.
III. ARRIVAL IN LONDON

TRAVEL FROM THE AIRPORT

❖ From Heathrow

❖ Heathrow Express
www.heathrowexpress.com
Heathrow Express trains leave every 15 minutes (between 05:30 and 23:48), traveling directly from Heathrow to Paddington Station in 15 minutes. A one-way trip costs £21.50 if bought online or from a ticket machine or ticket office and £26.50 if purchased on the train. Unless you are in a hurry you may wish to use Heathrow Connect below.

❖ Heathrow Connect
www.heathrowconnect.com
Heathrow Connect trains leave every 30 minutes and travel time to Paddington is approximately 25 minutes. A one-way trip costs £10.10 to Paddington. All National Railcards are accepted on the Heathrow Connect and discounts are available with Young Persons Railcards and Family & Friends Railcards.

❖ London Underground (Tube)
www.tfl.gov.uk/tube/
The Tube is likely to be the cheapest and most convenient way to arrive into London. Follow the signs to the Underground (Tube) and take the Piccadilly Line which will take you about one hour to get into central London. Change to the Jubilee line at Green Park station to continue to Waterloo (for Conway Hall). The cash fare is £6.00. The Oyster Card fare is £5.10 (£3.10 off-peak) for a one-way ticket. Travel on the underground may not be a good option if you have a lot of luggage but it is cheap and there is a frequent service which takes you close to Suffolk Street or Conway Hall.

❖ London Transport N9 Night Bus
Between midnight and 5.30am, the N9 night bus runs every 30 minutes to Central London (Trafalgar Square). Journey time is approximately 1 hour. For more information visit the Transport for London website. Standard bus fares apply (£1.40 Oystercard) and Travelcards are accepted. Cash is not accepted on buses in London – see page 31 for details.

❖ SkyShuttle Airport Transfers
www.skyshuttle.co.uk
Email: reservations@skyshuttle.co.uk
Luxury shared shuttle transfer to London Hotels for approximately £25.00. Contact SkyShuttle for details.
• **Black Cabs (taxis)**
  The most expensive but perhaps most convenient way of getting into central London is by black cab. The ride will cost you approximately £70 and takes approximately 45 to 60 minutes. Only licensed taxis (black cabs) can pick up passengers on the street. Minicabs are generally cheaper but must be booked in advance. Any minicab driver who picks up customers without a booking is acting illegally. For information on booking a minicab see the information below under the heading: ‘From All Airports – Airport Transfers and Minicabs’

❖ From Gatwick
  ▪ **Gatwick Express**
    [www.gatwickexpress.com](http://www.gatwickexpress.com)
    This rail service between Gatwick to Victoria Station is the most direct way of traveling into central London from Gatwick airport. Trains leave every 15 minutes with a travel time of 30 minutes. Tickets cost £19.90 and can be purchased at the station or on the train using cash or a credit card. Discounts available with Railcards. Online tickets cost £17.70. However, unless you are in a hurry either of the two rail alternatives below is almost as quick and a little bit cheaper.

  ▪ **Thameslink & Great Northern**
    [www.thameslinkrailway.com](http://www.thameslinkrailway.com)
    Another rail option is to take the First Capital Connect service to/from Gatwick. This service takes approximately 45 minutes to/from Waterloo and you may be required to change trains. Fares start from £15.40.

  ▪ **Southern**
    [www.southernrailway.com](http://www.southernrailway.com)
    Southern trains run to London Bridge and Waterloo. This service takes approximately 45 minutes to/from Waterloo and you may be required to change trains. Fares start from £15.40.

❖ From Stansted
  ▪ **Stansted Express**
    [www.stanstedexpress.com](http://www.stanstedexpress.com)
    Stansted Express is the quickest way into Central London. Trains leave Stansted Airport from 5:30/6:00am to 12:30/1:30am. Trains run every 15 minutes (every 30 minutes for the earliest and latest trains). Advance fares are £8.00, standard fares are £19.00. Journey time is 45 minutes and trains terminate at Liverpool Street station.

  ▪ **Bus and Coach Services**
    Stansted Buses and Coaches

❖ From Luton
  ▪ **Thameslink & Great Northern**
    [www.thameslinkrailway.com](http://www.thameslinkrailway.com)
A regular shuttle bus links the airport to Luton Airport Parkway train station in around ten minutes. From there, First Capital Connect operates regular services to Blackfriars where you change to the underground trains to reach Charing Cross (for ND) or Waterloo (for Conway Hall). The journey time is approximately 1 hour and 10/20 minutes and fares start at around £16.20.

- **Bus and Coach Services**
  - Luton Buses and Coaches

- **From London City**
  - **Tube/Docklands Light Railway (DLR)**
    London City Airport has its own station on the Docklands Light Railway (DLR) which easily connects to the tube system. Services run every seven to ten minutes. Fares on the DLR are the same as those on the Tube and Travelcards are accepted. There is no extra cost for travelling on the DLR if you connect to the tube without exiting at any station until the completion of your journey. Change to the Jubilee line at Canning town to continue to Waterloo (for Conway Hall). Cash fare £4.80, Oyster £3.30 (off-peak £2.80).

- **Black Cabs (taxis)**
  There are usually black cabs queuing for customers at London City Airport. The cost of the cab is metered and displayed inside the cab. A metered trip to/from Central London will cost about £33.

- **From all airports**
  - **Airport Transfers and Minicabs**
    Airport transfers are generally considerably cheaper than taking a black cab and can be booked online in advance. In most cases you will be met by the driver at the arrivals terminal. The cost ranges from between £33-£70 depending on which airport you are travelling from. Use a search engine to find companies or try:
      * http://www.minicabsinlondon.com/
      * www.onlineairportcars.com
      * www.airportscars.co.uk
      * www.britishairportcars.co.uk
      * www.unitedairportcars.co.uk
      * www.heathrowminicabs.com
      * www.timesairportcars.co.uk/bookings

- **Useful Websites**
  - www.visitlondon.com/travel/airport/
  - www.nationalrail.co.uk
V. LIVING IN LONDON

ACCOMMODATION
We recommend staying in Conway Hall or approaching other specialist student accommodation companies. Finding private accommodation in London is difficult and time consuming and very expensive in Central London. One option you might consider is flat sharing. You should consider starting your search before coming to London. Beware of scams if using ‘Gumtree’ or other accommodation web sites. NEVER TRANSFER MONEY!

HOUSING
Conway Hall
51-55 Waterloo Road
London, SE1 8TX
Tel: 020 7928 1716
If dialed from the United States: 001 44 20 7928 1716

National Rail and Tube:
- Waterloo (Jubilee, Northern and Bakerloo lines)

Google Map: Conway Hall

A number of single rooms are reserved for Law students in the university’s recently opened Conway Hall. Conway Hall is a listed building that was acquired and completely refurbished by the university in 2010. It is situated a twenty minute walk away from Suffolk Street on the south bank of the Thames close to Waterloo Station.

Cost
Lodging in Conway Hall (2013-2014 rates):

<table>
<thead>
<tr>
<th>Accommodation</th>
<th>Weekly rate</th>
<th>Nightly rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shared bedroom</td>
<td>£230.00</td>
<td>£40.00</td>
</tr>
<tr>
<td></td>
<td>$370.00</td>
<td>$65.00</td>
</tr>
<tr>
<td>Single bedroom</td>
<td>£325.00</td>
<td>£70.00</td>
</tr>
<tr>
<td></td>
<td>$520.00</td>
<td>$115.00</td>
</tr>
</tbody>
</table>

Amenities
Each student has his/her room furnished with a bed, chair, desk and wardrobe; bedding and towels are provided. The rooms are arranged in separate flats which have shared bathroom and kitchen facilities. The residence complies with current UK law regarding access for persons with disabilities. In addition, the student housing is monitored by the Notre Dame Facilities manager to ensure that it continues to comply with both disability and related health and safety requirements. Meals are not included in the price of the room as the accommodation is self-catering. There are a wide range of shops and restaurants nearby. The building is equipped with Wi-Fi.
❖ Check-in/out
London participants residing in Conway Hall are able to check-in on the weekend before classes commence. Check-out is on the weekend after the completion of exams. Reception is open 24 hours so there is no restriction on arrival and departure times. Students staying in Conway Hall for the full academic year may continue to use Conway Hall throughout the Christmas/New Year period. Please confirm these details with the Law Administration Office so that Security at Conway Hall can be informed.

2015-2016 check-in/out dates

<table>
<thead>
<tr>
<th>Fall check-in</th>
<th>Fall check-out</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat 29 and Sun 30 August 2015</td>
<td>Sat 12 and Sun 13 December 2015</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring check-in</th>
<th>Spring check-out</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sat 9 and Sun 10 January 2016</td>
<td>Sat 7 and Sun 8 May 2016</td>
</tr>
</tbody>
</table>

❖ Internet Access
See above information on page 9

❖ How to find your way to Conway Hall
Nearest National Rail and Tube station is Waterloo (Jubilee, Northern and Bakerloo lines)
Google Map: Conway Hall

❖ Travel from Conway Hall to the University of Notre Dame
Conway Hall is approximately a 20 minute walk to the University. The quickest and most enjoyable way to reach the University is by crossing the Hungerford Bridge (not across Waterloo Bridge). The bridge can be reached by walking down to the South Bank. The pedestrian walkway of the Hungerford Bridge runs alongside the rail line and arrives into Charing Cross Station. Google Map: Hungerford Bridge

PUBLIC TRANSPORTATION
www.tfl.gov.uk
England is well known for its highly efficient public transportation system. The following prices are for travel fares in 2015 (Fares are increased each year in January):

Tube & DLR

<table>
<thead>
<tr>
<th>Zones (#)</th>
<th>Cash single fares</th>
<th>Oyster single fares Peak (off-peak)</th>
<th>Oyster daily price cap Peak (off-peak)</th>
<th>1 Day Travelcard Anytime (off-peak)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£4.80</td>
<td>£2.30 (£2.30)</td>
<td>£6.40 (£6.40)</td>
<td>£12.00 (£12.00)</td>
</tr>
<tr>
<td>1-2</td>
<td>£4.80</td>
<td>£2.90 (£2.30)</td>
<td>£6.40 (£6.40)</td>
<td>£12.00 (£12.00)</td>
</tr>
</tbody>
</table>
### Zones (#)

<table>
<thead>
<tr>
<th>Zones (#)</th>
<th>1 week Travelcard Adult (Student)</th>
<th>1 month Travelcard Adult (Student)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£32.10 (£22.40)</td>
<td>£123.30 (£86.10)</td>
</tr>
<tr>
<td>1-2</td>
<td>£32.10 (£22.40)</td>
<td>£123.30 (£86.10)</td>
</tr>
<tr>
<td>1-3</td>
<td>£37.70 (£26.30)</td>
<td>£144.80 (£101.00)</td>
</tr>
</tbody>
</table>

### Buses (& Trams)

#### Adult

<table>
<thead>
<tr>
<th>Oyster and contactless</th>
<th>Contactless</th>
<th>Oyster</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pay as you go</td>
<td>Daily cap</td>
<td>Monday to Sunday cap</td>
</tr>
<tr>
<td>£1.50</td>
<td>£4.40</td>
<td>£21.00</td>
</tr>
</tbody>
</table>

It is no longer possible to buy cash fares for buses. Payment must be made with an Oyster Card, UK contactless card, mobile phone application or travelcard. Some foreign contactless cards may be accepted but overseas transaction fees may apply.

#### 18+ Student

<table>
<thead>
<tr>
<th>Pay as you go</th>
<th>Daily cap</th>
<th>7 Day Bus &amp; Tram Pass</th>
<th>Monthly Bus &amp; Tram Pass</th>
<th>Annual Bus &amp; Tram Pass</th>
</tr>
</thead>
<tbody>
<tr>
<td>£1.50</td>
<td>£4.40</td>
<td>£14.60</td>
<td>£56.10</td>
<td>£584</td>
</tr>
</tbody>
</table>

Please check the above link for more details on fares and further information on public transport in London.

Public transportation can be quite expensive in London so if you intend to use it on a daily basis it is advisable to purchase an Oyster Card. Oyster cards can be purchased upon arrival in London or from overseas agents before you come.

**Oyster Cards**

The easiest way to move around London by train or bus is to use the ‘Oyster’ card. You can pick up a leaflet or buy a card at most underground (tube) stations. It is particularly flexible in that you can ‘pay as you go’, which means that you only pay for journeys you actually take (single fare rates will be capped once you reach a certain daily price) or you can buy weekly or monthly tickets. It is also much cheaper than paying cash for individual journeys. Oyster Cards can be used on the tube, buses, DLR and some national rail services. Please note that there is more than one type of Oyster Card and the ‘Visitor’s Oyster Card’ is not necessarily the most appropriate as it only allows you to ‘pay as you go’
when you might prefer to buy a season ticket. The cost of a regular Oyster Card is £5.00 and will allow you to purchase weekly or monthly season tickets should this be preferable. If you expect to buy weekly or monthly passes you should consider getting the Oyster Student Discount Card which offers 30% discount on those passes (but no discount on ‘pay as you go’).

One additional benefit of Oyster is the ability to manage your account online. From your Oyster online account you can:

- Buy new tickets
- Renew your Oyster card or top up your cash balance at your nominated Tube station ticket gates
- Report your Oyster card lost
- View your current products including any cash balance that you use to pay for journeys as you go
- View your order history
- Update your personal details

**Oyster Student Discount Cards**

18+ Student Oyster Photocard, valid for a year, i.e. students **30% discount for weekly and monthly passes for travel within the London area.** You can apply online at [www.tfl.gov.uk/photocard](http://www.tfl.gov.uk/photocard) You will need a digital, passport photo to upload as part of the application process. You can either have a passport photo taken, or take one with your own digital camera as long as the photo meets the following requirements:
- Neutral expression
- White background
- Head covers 75% of photo
- At least 300dbi
- No more than 1MB
- Physical size of the photo: The average of the width and height must be 1.44"

In addition to a digital passport photo, there is a charge of £10.00. Applications normally take 2 weeks to process (though this may be significantly less), so be sure you have applied in good time.

**Discounted Railcards**

- **Young Person's Railcard**
  [www.16-25railcard.co.uk](http://www.16-25railcard.co.uk)
  As the name suggests, you're eligible if you're aged 16-25! You can also apply if you're 26+ and in full time study. For just £30 you'll **save 1/3 on fares** throughout Great Britain for **12 whole months.**

- **Family & Friends Railcard**
  [www.familyandfriends-railcard.co.uk](http://www.familyandfriends-railcard.co.uk)
  As long as you travel with at least one child you can! And up to 4 adults and 4 kids can travel on the one Railcard. It costs just £30 and you get **1/3 off adult fares** and **60% off kids' fares** for a whole year.
Use Buses!
One cheaper transportation alternative is to use the buses, particularly using Oyster pay-as-you go. Buses are great way see the city and riding on a double-decker bus is just plain fun!

Also, the tube closes around 12:30pm and therefore you will want to find out what **24-hour and Night buses** travel to your neighbourhood if you are planning on clubbing until late.

**Late Night? No Night Bus? Use “CABWISE”**.
Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.

**Useful Resources**
- **Transport for London**
  www.tfl.gov.uk
- **24-Hour London Travel Information**
  Phone: 03432221234
  Operator will provide you with the tube/bus/etc. route to anywhere you need to go in London!
- **Getting Around in London**
  www.visitlondon.com

**Helpful Translations**

<table>
<thead>
<tr>
<th>English</th>
<th>American</th>
</tr>
</thead>
<tbody>
<tr>
<td>single</td>
<td>one-way</td>
</tr>
<tr>
<td>return</td>
<td>round-trip</td>
</tr>
<tr>
<td>tube/underground</td>
<td>subway</td>
</tr>
<tr>
<td>subway</td>
<td>underground walkway</td>
</tr>
<tr>
<td>way out</td>
<td>exit</td>
</tr>
<tr>
<td>time table</td>
<td>schedule</td>
</tr>
<tr>
<td>lift</td>
<td>elevator</td>
</tr>
</tbody>
</table>
MOBILE PHONES & INTERNATIONAL CALLING
There are a variety of options for calling/texting domestically as well as calling internationally from London.

- **Skype**
  When calling internationally, most students prefer to use Skype. Skype is a calling and messaging program that allows you to call another Skype user for free or a mobile or land-line at very low rates. Skype also offers a webcam feature. For more information and to download Skype, go to [www.skype.com](http://www.skype.com)

- **Ekit**
  This allows you to pay in advance for calling credit and then use any phone, via a system of codes, to make calls. This can be particularly useful as a cheap way to make international calls both from the UK and other European countries. It also works from public phones. For more information go to [www.ekit.com](http://www.ekit.com)

- **Mobile Phones**
  You should check to see if your phone will work in the UK. Mobile phone networks used in the UK are GSM 900, GSM 1800, 3G 2100 and 4G EE. The United States CDMA network is not compatible. If your phone works in the UK you will have the option of using international roaming on your existing SIM card or purchasing a global or local (UK) SIM card. You will need to ensure international roaming is available and included in the package you have with your phone network provider. However, this may be an expensive way to use your phone. Accordingly, if you wish to take advantage of cheaper call rates, check that you will be able to use a different SIM card in your phone. Most phones are locked to a network so to enable the use of a global or local SIM you will need to get your phone unlocked. This is generally quick, inexpensive and is completely legal. If your phone is under warranty you should check if unlocking your phone will invalidate your warranty. If you have a smart phone you can download the Skype app and use Skype to make cheap calls whenever you are connected to WiFi.

A variety of mobile phone companies are available in London. Each offers different features, depending on your needs.

- **O₂**
  [www.o2.co.uk](http://www.o2.co.uk)

- **Orange**
  [www.orange.co.uk](http://www.orange.co.uk)

- **3 Store**
  [www.three.co.uk](http://www.three.co.uk)

- **Vodafone**
  [www.vodafone.co.uk](http://www.vodafone.co.uk)
• **T-Mobile**  
  www.t-mobile.co.uk

• **Phones 4 You**  
  www.phones4u.co.uk  
  Compare rates and services of all the major mobile phone retailers.

• **Asda**  
  www.asda-phones.co.uk  
  Possibly the cheapest ‘pay as you go’ for very low usage – no special offers or free credit offers available like other networks. Order a SIM pack online.

• **Tesco**  
  www.tesco.com/mobilenetwork  
  Free SIM packs can be ordered online. Very reasonable rates with special offers and free credit offers available.

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**MOBILE PHONE TIP**

Many students are able to save money by using their American cell phone with a U.K. SIM Card from one of the aforementioned cell phone companies rather than purchasing a new cell phone for usage in the U.K. and Europe. In order to do so, you must have your phone “unlocked” so that it will read a U.K. SIM Card. This can be done at many small souvenir stores in touristy areas, including Bayswater.

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**NHS PHYSICIAN REGISTRATION**

Full-time students in the U.K. are entitled to the use of the U.K.’s National Health Service (NHS) for both your routine and emergency medical needs. The service is free if you are in the UK for more than 6 months and covers visits to doctors as well as hospital stays and emergency care. You should sign up with a GP (General Practitioner) as soon as you have a home address in London. Failure to do so may make it more difficult to get prompt medical attention when you need it.

**The procedure for registering with a GP is as follows:**

1. Find a doctor in your area using the following site:  
   ➢ www.nhs.uk/servicedirectories
2. Call the doctor’s office (surgery) and ask what days they will register new patients.
3. When you register, you will have to answer some questions about your health and may be given vaccines or tetanus shots if you are not up to date.
4. Holders of EU passports are automatically covered by the NHS, though they still have to register.
INTERNSHIPS AND EMPLOYMENT

Internships
The internship programme is a co-operative effort between the Law Centre and qualified legal employers. The programme's purpose is to allow students to work for employers in exchange for academic credit. Students have worked for American law firms, multinational corporations, British solicitors and barristers, and non-profit organizations. Firms and individuals are offered great flexibility in determining what type of work the intern should perform. This may include tasks a lawyer normally performs, such as research, interviewing clients, taking notes in court, etc. Each entity selects an intern from resumes submitted by interested students.

The intern must work a total of sixty hours to receive one credit, or one hundred and twenty hours to receive two credits. Interns may earn a maximum of two credits for internships throughout the year. These credits do not reduce the number of co-curricular credits students may earn.

The programme is administered by Professor Graffy with the assistance of the student Internship Coordinator. No one is guaranteed an internship; every year there are disappointed students who were not able to obtain one. You may seek an internship yourself, but to obtain credit it must be approved by Professor Bennett. To avoid misunderstandings, you should check with Professor Bennett before contacting a prospective internship provider. That preliminary inquiry will enable you to learn whether the provider already has an arrangement with Notre Dame. Failure to check in advance risks confusing providers by having multiple, uncoordinated inquiries.

The following is a brief list of organizations in London that offer student (legal) internships:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Rights Watch</td>
<td><a href="http://www.hrw.org/about/internships">www.hrw.org/about/internships</a></td>
</tr>
<tr>
<td>REDRESS</td>
<td><a href="http://www.redress.org/internship02.html">www.redress.org/internship02.html</a></td>
</tr>
<tr>
<td>Amnesty International UK</td>
<td><a href="http://www.amnesty.org.uk/volunteer">www.amnesty.org.uk/volunteer</a></td>
</tr>
<tr>
<td>Citizens Advice</td>
<td><a href="http://www.citizensadvice.org.uk/">www.citizensadvice.org.uk/</a></td>
</tr>
<tr>
<td>OneWorld UK</td>
<td><a href="http://oneworld.org/">http://oneworld.org/</a></td>
</tr>
<tr>
<td>International Crisis Group</td>
<td><a href="http://www.crisisgroup.org/">www.crisisgroup.org/</a></td>
</tr>
<tr>
<td>UK and Europe NGO and Political Organization List</td>
<td><a href="http://www.euro-jobbing.com/ngos.htm">www.euro-jobbing.com/ngos.htm</a></td>
</tr>
<tr>
<td>European Council on Refugees and Exiles (ECRE)</td>
<td><a href="http://www.ecre.org/">www.ecre.org/</a></td>
</tr>
</tbody>
</table>
Paid Employment

Working obviously detracts from your ability to study and participate in the life of the law programme. Just as obviously, London is an expensive place to live and you may need to earn the money to finance your year. Accordingly, you should work only if necessary, and you should choose your job judiciously. You need a Tier 4 visa to work or even to do an unpaid internship.

- External Positions

Recent legislation in the U.K. makes it easier than it used to be for students to take part-time work. You can normally take employment as long as you do not work more than 20 hours per week. Even though you are a foreign citizen, you must pay tax on your earnings.

If you are thinking about working in a London law office for the summer, you may encounter additional difficulties, including: (1) British firms prefer British students; and (2) American firms with offices in London generally require students to interview at the main American office.

- Employment for Spouses

Because of the recent changes in visa requirements, each student should seek the advice of the closest British Consulate for questions about spouses or children.

Networking

Your year in London is a great way to Network with individuals who you would not have access to otherwise, particularly if you are interested in working abroad or with the international law. One way to do this is to search on IrishOnline for Notre Dame Alumni working in London and request an informational interview.

WHAT TO DO IN LONDON

Whatever your taste and whatever you’re into, there is no shortage of things to do in London!

London Top 100

http://www.londontop100.co.uk/

Check this web site for London’s top sites and attractions and other numerous things to do. The current list actually consists of 138 items.
SHOPPING

❖ Retail - Individual Stores

▪ Harrods
  www.harrods.com
  Tube: Knightsbridge (Piccadilly Line)
  Harrods is arguably the most famous store in the world - which can trace its roots to a mere grocery shop on its present site back in 1849. With millions of items in stock, Harrods certainly lives up to its motto of Omnia Omnibus Ubique (all things for all people, everywhere).

▪ Primark
  Tube: Marble Arch (Central Line)
  www.primark.co.uk
  Primark offers lots of inexpensive (though not the best quality), bathroom supplies and textiles. This is often the first stop students make after finding permanent housing. Note: Due to the high demand, check-out lines can be extremely long. Give yourself plenty of time and avoid shopping here on weekends!

▪ Argos
  www.argos.co.uk
  Tube: Varies
  Carries all sorts of items at discount prices. Shopping at Argos is a bit of a different experience because you select your items from a catalogue in-store and a sales representative retrieves them for you.

❖ Retail - Malls and Shopping Areas

▪ Oxford Street and Regents Street
  Tube: Bond, Oxford Circus, Piccadilly Circus (Central, Bakerloo, Piccadilly and Jubilee Lines)
  Oxford Street is where you can find all the major large retail chains. While quite an experience, novice buyers beware: Oxford Street is crazy with crowds of people 7 days/week, 365 days/year!

▪ London Trocadero
  www.londontrocadero.com
  Tube: Piccadilly Circus (Piccadilly and Bakerloo Lines)

▪ Whiteleys
  www.whiteleys.com
  Tube: Bayswater or Queensway (District, Circle, or Central Lines)

▪ Bluewater
  www.bluewater.co.uk
  Large award winning shopping mall, consisting of over 330 shops and more than 50 restaurants. Located around 20 miles from London (2 miles from the M25) it is possible to get there by car, train, bus or coach. The nearest station is Greenhithe. National Express runs daily services from
London Victoria.

- **Bicester Village**
  www.bicestervillage.com
  Discount prices in more than 100 chic designer and brand name boutiques have been drawing thrifty fashionistas to Bicester Village, a designer brand outlet mall ten miles from Oxford, for years. They’ve kept this wonderful place - where everything is at least 30 to 50 per cent off normal prices - almost a secret.

- **Groceries**
  - **Waitrose**
    Top quality produce. The closest store is in the basement of John Lewis in Oxford Street. There is another store in the Brunswick Centre and there are some small Waitrose shops.
  - **M&S**
    Offers great food (including organic) and pre-made dinners at reasonable prices. A bit more expensive than other supermarkets, but worth the cost. Local M&S food stores can be found at Charing Cross station, Green Park underground station and Covent Garden.
  - **Tesco/Tesco Express**
    Groceries, fresh food, pre-made snacks and dinners at cheap prices. There is a Tesco in Regent Street.
  - **Sainsburys**
    Similar to Tesco and the Co-op with a store in the Strand.
  - **The Co-operative**
    They have a store in the Strand opposite Charing Cross station.
  - **Spar**
    Spar is a great option for cheap Indian food. Stores in the Strand and Haymarket.

- **Markets**
  - **Portobello Road**
    www.portobelloroad.co.uk
    Tube: Notting Hill Gate
    Located in Notting Hill, Portobello Road is the world’s largest antiques market. The market is open every Saturday and the shops are open six days per week.
  - **Borough Market**
    Tube: Borough or London Bridge
    Open Thursday-Sunday, Borough Market is the oldest fruit and vegetable market in London. Even the Romans bought fresh produce from the
gardens of Kent in this area because until the 19th century London Bridge was too narrow for carts to cross. Borough Market is the only fruit and vegetable wholesale market in its historic location. In the 21st century small retail traders joined who are selling their goods directly from the farm or from all parts of the world here. Many small traders show their specialties here.

- **Camden (Lock) Market & Camden Stables**
  www.camdenlock.net
  www.camdenlockmarket.com
  Tube: Camden Town or Chalk Farm (Northern Line)
  Set amongst former horse stables, Camden Lock, the original market of Camden Town, distinguishes itself from others by offering an individual and extensive range of high quality goods from designer clothes and accessories, to one-off pieces of art, food and furnishings.

- **Spitalfields Market**
  www.spitalfields.co.uk
  Tube: Liverpool St. Station (Central Line)
  Spitalfields Market offers an eclectic array of goodies on offer. To get a real flavour, explore by foot to discover the different cuisines on offer, clothes, jewellery and lots more!

- **Covent Garden Market**
  www.coventgardenmarket.co.uk
  Tube: Covent Garden or Leicester Square (Piccadilly and Northern Lines)

**DINING**
Contrary to popular belief, London offers a variety of different foods from all over the world. However, dining out can be quite expensive. Below are some great food options close to the Law Centre:

- **Cheap Eats**
  - **Orsini**
    Delicious handmade sandwiches.
  - **Pret A Manger**
    http://www.pret.com
    Well known and well liked chain making handmade sandwiches, salads and other small eats. You will find many stores all over London.
  - **Tossed**
    http://www.tosseduk.com
    Get your daily dose of greens at Tossed. Like a Subway, for salads, you all are made to order. Soups also available.
  - **Pizza Hut**
    Lunch Buffet (pizza, pasta, salad, breadsticks - £6.99)
Happy Hour (3-5pm - £6.00)

- **Nandos**
  www.nandos.co.uk
  Tasty (and spicy!) Portuguese classics (half-chicken and rice). Located around London; closest location to school is in Soho between Leicester Square and Tottenham Court Road.

- **Pub Food**
  - **Waxy’s**
    www.waxyoconnors.co.uk
    Hearty food in a great atmosphere. A great place to go day or night. Be sure to try the traditional Irish stew. Located near Leicester Square.

- **Vegetarian**
  - **Hummous Bros**
    http://www.hbros.co.uk/
    One of the most famous restaurants in London and very popular with London students (even the meat eaters in the group!). Make sure to check it out on Thanksgiving for their famous Turkey topping. Offers 10 pounds all you can eat on Sundays. For those die-hard fans, join the Facebook group for free specials!

- **Indian/Pakistani/Middle Eastern**
  - **Imli**
    http://www.imli.co.uk/
    Delicious Indian tapas - across from Hummus Bros. Offers half off tasting menu on Sunday.

  - **Brick Lane (neighbourhood)**
  - **East Ham (neighbourhood)**
  - **Edgeware Road (neighbourhood)**
    Tube: Edgeware, Marble Arch (Central, District, Circle Lines)
    Great area for Middle Eastern food. Fattoush, Lebanese restaurant near the Edgeware Road Tube is recommended.

  - **Tooting Broadway**
    Check out Kebabish on Upper Tooting Road for amazing Pakistani food.

- **Asian**
  - **Mango Tree**
    http://www.mangotree.org.uk/
    A bit pricey, but good for a nice night out.

  - **Miso**
    www.misonoodlebar.co.uk
Inexpensive noodle soups great for take-away back to school. Located in Haymarket

- Wagamama
  http://www.wagamama.com
  Classic ramen, curries, teppanyaki, salads and sides.

- **Spanish and Mexican**
  - La Tasca
    www.latasca.co.uk
    Restaurant offers a variety of Spanish style tapas. Better rates are available with meals for two. Also have discounted drink specials on Sangria every Friday.

- Café Pacífico
  http://www.cafepacifico-laperla.com/
  Good Mexican food is hard to find, but this restaurant in Covent Garden is probably your best bet. Great atmosphere and always crowded.

- **Italian**
  - Spaghetti House
    www.spaghettihouse.co.uk
    A small chain with restaurants located in numerous locations near the University. Inexpensive.

  - Bella Italia
    www.bellaitalia.co.uk
    A small chain with the closest restaurants to the University being in Irving Street and Leicester Square. Inexpensive.

- **Dining Guides**
  *The Good Food Guide*, edited by Elizabeth Carter. A copy is available in the Law Library. Also see: www.thegoodfoodguide.co.uk

**ENTERTAINMENT**

- **General Entertainment Guides**
  - *Time Out* Guides
    *Time Out* guides come out once a week and are free. You can easily pick one up outside Charing Cross station. There is also a copy in the Law School library. The bulk of this publication is made up of a section called “This Week” which includes schedules and descriptions of just about everything going on in London that week. In the fall it also publishes its “Eating and Drinking Guide,” about £12. This is a bit expensive but essential reading for anyone looking for good food in London.

  - Last Minute Travel & Entertainment
Think of the West end as the Broadway of Europe. Located in Soho, just north of the Law Centre, come here to enjoy all your favourite shows!

There are a couple of ways to secure cheap seats at the top shows:

1. Line up at the Leicester Square half-price ticket booth, “TKTS”. This is the ONLY shop from which you should buy discounted tickets! (Leicester Square Tube stop)
2. Many theatres sell reduced-price student tickets the day of the performance.

### Plays

- **The Mousetrap @ St. Martin’s Theatre**
  
  [www.the-mousetrap.co.uk](http://www.the-mousetrap.co.uk)
  
  Tube: Leister Square or Trafalgar Square (Northern or Piccadilly Lines)
  
  Agatha Christie's *The Mousetrap* is a famed murder mystery that is the longest running show, of any kind, anywhere in the world (56 years and counting!). As a result, student and discounted tickets are not available, but tickets start at around £14. Don’t miss this timeless classic!

- **Shakespeare at The Globe**
  
  [www.shakespeares-globe.org](http://www.shakespeares-globe.org)
  
  Tube: London Bridge, Monument, Canon Street, or Mansion House
  
  Come see Shakespeare as it was meant to be performed. The Globe Theatre and Exhibition is a unique international resource dedicated to the exploration of Shakespeare's work. The Globe Theatre is a faithful reconstruction of the open-air playhouse designed in 1599, where Shakespeare worked and for which he wrote many of his greatest plays. The theatre season runs from April to October with productions of the work of Shakespeare, his contemporaries and modern authors. Ticket prices start at only £5 (Yard, standing room only). Theatre tours are also available.

- **Old Vic Theatre**
  
  [www.oldvictheatre.com](http://www.oldvictheatre.com)
  
  Tube: Waterloo
  
  Old Vic Theatre offers a variety of both classic and new drama.
- **Opera, Dance, Ballet**
  - Royal Opera House  
    - [www.roh.org.uk](http://www.roh.org.uk)  
    - Tube: Covent Garden
  - Sadler’s Wells  
    - [www.sadlerswells.com](http://www.sadlerswells.com)  
    - Tube: Angel
  - Peacock Theatre  
    - [www.sadlerswells.com](http://www.sadlerswells.com)  
    - Tube: Holborn/Temple
  - London Coliseum – English National Opera  
    - [www.sadlerswells.com](http://www.sadlerswells.com)  
    - Tube: Charing Cross

- **Music, Dance, Visual Arts**
  - Southbank Centre  
    - [www.southbankcentre.co.uk](http://www.southbankcentre.co.uk)  
    - Tube: Waterloo/Embankment/Charing Cross  
    - Located on the south bank of the River Thames crossing at Golden Jubilee/Hungerford Bridges (from Charing Cross/Embankment stations). Very close to Conway Hall.

A variety of theatre guides are available:
  - *London Theatre Guide*  
    - [www.londontheatre.co.uk](http://www.londontheatre.co.uk)
  - *Official London Theatre Guide*  
    - [www.officiallondontheatre.co.uk](http://www.officiallondontheatre.co.uk)

- **Concerts**
  - *O₂ Arena*  
    - [www.theo2.co.uk](http://www.theo2.co.uk)  
    - The O₂ Arena hosts a variety of events. The complex consists of: (1) The O₂ Arena - A 20,000-capacity indoor pop, rock and sports arena; (2) Vue Cinema - A plus 11-screen multiplex cinema; (3) indigO₂ - A music venue hosting edge artists and bands; (4) The O₂ Bubble - A stunning exhibition centre; (5) Over 20 premier bars, restaurants and clubs in a 1km entertainment avenue encircling the arena. Check the website for the latest events.

- **Cinemas**
  - There are numerous movie theatres in London, most of which offer reduced student ticket prices during the week or for afternoon shows.
**Prince Charles Cinema**  
www.princecharlescinema.com  
Tube: Leicester Square (Northern and Piccadilly Lines)  
Shows older movies and independent films at discounted. Members receive further discounts. Free Wi-Fi available in the cinema bar/coffee shop.

**IMAX Cinema**  
http://www.bfi.org.uk/bfi-imax  
Tube: Waterloo  
Opposite Conway Hall

*The Evening Standard* and *Time Out* list the movie offerings in London.

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**Museums**

London boasts over 240 museums! The best thing about London museums are that almost all of them have periods when admission is **FREE**, while others offer student concession rates on admission.

<table>
<thead>
<tr>
<th><strong>FREE Museums</strong></th>
<th><strong>Other Museums</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>British Museum</td>
<td>Royal Academy of Arts</td>
</tr>
<tr>
<td>National Gallery</td>
<td>Transport Museum</td>
</tr>
<tr>
<td>National Portrait Gallery</td>
<td>National Army Museum</td>
</tr>
<tr>
<td>Tate Modern</td>
<td>Benjamin Franklin House</td>
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<tr>
<td>Tate Britain</td>
<td>Charles Dickens Museum</td>
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<tr>
<td>Sir John Soane’s Museum</td>
<td>Churchill Museum and Cabinet War Rooms</td>
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<tr>
<td>Natural History and Science Museum</td>
<td>Freud Museum</td>
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<tr>
<td>Victoria and Albert Museum</td>
<td>Sherlock Holmes Museum</td>
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<tr>
<td>Imperial War Museum</td>
<td>The Courtauld Gallery (free for students)</td>
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<tr>
<td>National Maritime Museum</td>
<td></td>
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<tr>
<td>Museum of London</td>
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<tr>
<td>The Wallace Collection</td>
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</tbody>
</table>

For more a comprehensive list as well as more information on museum locations, rates, and hours of operation visit one of the following:

- [www.londontourist.org/museums.html](http://www.londontourist.org/museums.html)

**Television/Movies**

Using any computer as a TV, whether using a PCTV card or equivalent or streaming from the internet while a UK programme is running simultaneously on air and online, requires a TV license. You do not need a license for archived downloadable material. You can be fined up to £1000 if you do not have a TV license. For information on licensing go to: **TV Licensing**

A selection of recommended sights for are as follows:

- [www.watchtvsitcoms.com](http://www.watchtvsitcoms.com)
- [www.sidereel.com](http://www.sidereel.com)
**Please note that movies and TV programmes should not be downloaded illegally from the internet.** Law enforcement agencies regularly monitor illegal downloads. Any student caught illegally downloading music or video files from the internet over the London Law Centre internet network (as has happened in the past) will be in violation of Notre Dame’s internet use policies and subject to repercussions.**

**Pubs and Clubs**
London offers its share of night entertainment. Pubs are usually open until 12:00am and Clubs may be open until the early hours of the morning. For information on the club scene look in *Time Out* or even the Hot Tickets section of the *Evening Standard* (free with Thursday paper).

Neighbourhoods that have popular nightlife are: Soho, Camden, Vauxhall, and Fulham Broadway.

Pubs and Clubs that have been popular with students in the past include:

- **O’Neill’s (Chinatown) - “Backer London”**
  [http://www.oneills.co.uk/](http://www.oneills.co.uk/)
  Missing the Backer? Check out O’Neills in Soho. A bit dirty and a bit younger crowd, but always a good time.

- **Waxy’s & Waxy’s Little Sister**
  [http://www.waxyoconnors.co.uk/](http://www.waxyoconnors.co.uk/)
  [https://www.waxyoconnors.co.uk/index.php/little-sister](https://www.waxyoconnors.co.uk/index.php/little-sister)
  Fun Irish Pubs with unique atmosphere located across the street from each other in Soho next to O’Neills. Check out the drink elevator at Waxy’s Little Sister and the “tree house” feel of Waxy’s.

- **Guanabara**
  [http://www.guanabara.co.uk](http://www.guanabara.co.uk)
  Tube: Holborn (Central Line)
  Brazilian Nightclub that has Capoera dancers at 9pm, and Samba music all night. Also has great food. Beware, get there before 8pm to avoid the gigantic line.

---

**Nightlife Tip**

*Late Night? No Night Bus? Use “CABWISE”*. Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.
**Special Events**

London is home to many important events throughout the year. Below is a listing of some of the more interesting events:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 1- New Year's Day</td>
<td>Mayor's Parade</td>
</tr>
<tr>
<td>January sales</td>
<td>The sales are an event in themselves. Harrods is the biggest and starts the second week of January.</td>
</tr>
<tr>
<td>Late January</td>
<td>Chinese New Year Celebrations in Chinatown. Usually features performances and a parade.</td>
</tr>
<tr>
<td>February 6</td>
<td>Accession of Her Majesty – an anniversary salute of 41 guns in Hyde Park</td>
</tr>
<tr>
<td>April</td>
<td>Football League Cup Final at Wembley</td>
</tr>
<tr>
<td>April</td>
<td>Easter Sunday Parade at Battersea Park and Tower of London</td>
</tr>
<tr>
<td>May-last Sunday</td>
<td>Trooping the Colour rehearsal from Buckingham Palace</td>
</tr>
<tr>
<td>June/December</td>
<td>Spitalfield Music Festival <a href="http://www.spitalfieldsfestival.org.uk">www.spitalfieldsfestival.org.uk</a></td>
</tr>
<tr>
<td>September</td>
<td>Brick Lane Indian/Asian Cuisine Celebration</td>
</tr>
<tr>
<td>July</td>
<td>London Pride</td>
</tr>
<tr>
<td>August</td>
<td>Notting Hill Carnival</td>
</tr>
<tr>
<td>October 21</td>
<td>Trafalgar Day – Nelson's Column</td>
</tr>
<tr>
<td>November 5</td>
<td>Guy Fawkes Day – fireworks and bonfires are usually held during the week, check local papers for times and places.</td>
</tr>
<tr>
<td>November-second Saturday</td>
<td>Lord Mayor's Show – a big parade throughout the City</td>
</tr>
<tr>
<td>November</td>
<td>State Opening of Parliament – the Queen rides from Buckingham Palace to open the House of Commons with her Queen's Speech</td>
</tr>
<tr>
<td>Thanksgiving</td>
<td>American Thanksgiving Service – St. Paul's Cathedral at 12:00pm</td>
</tr>
</tbody>
</table>
December

Christmas Tree Lighting Ceremony – Trafalgar Square

AROUND TOWN

❖ Tours/Sightseeing

▪ Free Tour of London - FREE
  www.neweuropetours.eu
  HIGHLY recommended by past students. The Free Tour of London operates on a tips-only basis. (Trust us, the tours are so good you'll want to tip generously!). The guides are very fun and tours educational and insightful. A great way to get a more in-depth, insider’s view of the city. Also check out New Europe tours in other cities including Paris, Berlin, Munich, Amsterdam, and Edinburgh.

▪ London Walking Tours (free tours)
  http://www.freetoursbyfoot.com/london-tours/
  Three tours that are free – you can pay what you think the tour is worth.

▪ Undiscovered London
  http://www.weareundiscovered.com/london/
  Three tours: Camden Pub Crawl, East End Tour and Free Tour Royal London which is free but tips are accepted.

▪ London Walks
  For information: London Walks Timetable
  Classic award winning London Walks such as:

▪ City Garden Walks
  Discover London’s beautiful green spaces with qualified members of the City of London Guide Lecturers. Four different walks at £7 each. Just turn up and go.

▪ London for Free (self-guided walks and other activities)
  http://www.londonforfree.net/
  The best way to discover London is by walking. Choose from a number of self-guided walks. Other activities for free or at little cost are also listed.

▪ Fat Tire Bike Tours
  www.fattirebiketourslondon.com
  This bike tour is a unique way to see the city. Tour sites include Hyde Park, Buckingham Palace, Big Ben, Parliament, Westminster Abbey, Kensington Palace & Park, and more! Tours run every day between March and November, including twice per day from May to mid-August.
Tour duration is 4 hours with prices starting at £18 which includes a small student discount.

- **Tally Ho! Cycle Tours**
  www.talleyhocycletours.com
  Tally Ho offer guided bike tours and bicycle hire. Their tours include London Landmarks tour, Old City Tour and Gin & Food Tour. Tally Ho use traditional handbuilt English bicycles and primarily ride on dedicated cycle paths or on quiet back streets. Groups are small and capped at 10 riders.

- **BrakeAway Bike Tours**
  www.biketouroflondon.com
  Discover hidden gems and quaint old pubs on a small group tour. Your guide will entertain you with interesting and quirky stories about London. Different tours available departing from Waterloo Station.

- **London Bicycle**
  *Bike tours and bike hire*
  www.londonbicycle.com
  A variety of different bike tours of 3 hours or 5 hours duration or all day are offered in and around London and farther afield. Starting on the South Bank and riding along the river the 3 hour central London tour takes in the most popular tourist attractions such as Buckingham Palace, Westminster Abbey and Big Ben. Bike hire is also available if you prefer to do your own thing. Booking is available online.

- **London’s self-service, bike sharing scheme – Santander Cycles**
  https://tfl.gov.uk/modes/cycling/santander-cycles
  ‘You can hire a bike from as little as £2. Simply go to any docking station with your bank card and touch the screen to get started. There is no need to book – hire a bike, ride it where you like, then return it to any docking station.’ Go the website above for more information on how it works and for ideas on interesting cycle routes.

- **Thames River Cruises**
  www.citycruises.com

- **London Eye**
  www.londoneye.com
Night or day the London Eye offers spectacular views across London and its famous landmarks such as the Houses of Parliament, St. Paul’s Cathedral and Westminster Abbey.

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Sightseeing Tip

- Upon arrival to London, take the Free Tour of London (FREE!) to acquaint yourself with the city. This will introduce to you all the main sites which you can then visit later.

Food & Drink

- **Afternoon Tea at the Orangery, Kensington Palace**
  The Orangery
  Tube: Queensway or Bayswater
  One of the best places to go to experience traditional English afternoon tea. Tea packages start at about £20 but is well worth it for the experience and the quality and quantity of food. This is practically a meal in itself so don’t eat beforehand! Also, the cheapest tea package, “The Orangery Tea” is sufficient, especially for first-timers. Make this a more semi-formal or a casual afternoon out. Enjoy! (High Tea also available at Harrods, the National Gallery, and the Ritz).

- **Vinopolis**
  www.vinopolis.co.uk
  Tube: London Bridge (Northern and Jubilee Lines)
  Wine has been an important part of the lifestyle of this particular area of London for nearly 2,000 years. Built on ancient Roman foundations, the Vinopolis site is spread over three acres beneath the arches of a Victorian railway viaduct and dedicated to experiencing the pleasure of the world’s wines, British beer, whiskey, absinthe, gin, and more. Some of the features of Vinopolis include tours of the site, self-guided tasting tours, master classes, the Majestic Winehouse, the Whiskey Exchange which offers an unprecedented whiskey selection, and four of the best restaurants and wine bars in the city.

Recreation

- **Queens Bowl & Skate**
  www.queensiceandbowl.co.uk
  Tube: Queensway or Bayswater (Central, District or Circle Lines)
  Feeling left out of the South Bend Thursday Night Bowling? Start your own London team! Queens Bowl & Skate is London’s only ice rink and bowling venue!

Other Notable Sites

- **Changing of the Guard at Buckingham Palace**
The men you will see in front of Buckingham Palace (and other locations) are not just ceremonial guards but also serving soldiers. While upholding the traditions of the past, they also perform duties throughout the world as professional soldiers and are known as some of the most elite and skilled soldiers in the British Army.

- **Buckingham Palace**
  [http://www.royalcollection.org.uk/visit/buckinghampalace](http://www.royalcollection.org.uk/visit/buckinghampalace)
  Buckingham Palace serves as both the office and London residence of Her Majesty, The Queen, as well as the administrative headquarters of the Royal Household. It is one of the few working royal palaces remaining in the world today. Self-guided audio tours of the Palace are available during August and September with tickets priced at £17.50 for students.

- **Kensington Palace**
  In recent times Kensington Palace has been the residence of Princess Margaret, Princess Alice and Diana, Princess of Wales. It is currently the residence of the Duke and Duchess of Cambridge (William and Kate). Prince Harry will take residence in the Palace in 2013. Tickets for students are £12.40.

- **Tower of London (and the Crown Jewels)**
  It is no wonder that the Tower Of London is the nation's leading historic visitor attraction. This ancient fortress was founded by William the Conqueror and almost 1,000 years of British history have been played out within its walls. It was here that Anne Boleyn was executed and Guy Fawkes interrogated, Richard II and Elizabeth I incarcerated and the 'Princes in the Tower' disappeared without trace. The price of admission is £18.15.

- **Hampton Court Palace**
  [http://www.hrp.org.uk/HamptonCourtPalace/](http://www.hrp.org.uk/HamptonCourtPalace/)
  Originally the property of the ‘Order of St John of Jerusalem’ Thomas Wolsey, Archbishop of York acquired the property in 1514. He spent lavishly to build the finest palace in England. Wolsey was only to enjoy his palace for a few years; in 1528 he gifted the palace to King Henry VIII. Henry made many additions and laid out the overall plan of the garden. During the reign of King William III and Queen Mary (1689-1702) parts of the Tudor palace were pulled down and rebuilt. In 1838 Queen Victoria opened the palace to the public. Tickets for students are £14.85.

- **Windsor Palace**
  The Official Website of the Monarchy
  [Windsor.gov.uk](http://Windsor.gov.uk)
  Royal Collection Trust
Windsor Castle is a 55 minute train ride from London Waterloo. The castle is one of the official residences of the Queen and has been a Royal home and Fortress for over 900 years. It is the largest occupied castle in the world. Tickets for students are £17.50.

- **Westminster Abbey**  
  [www.westminster-abbey.org](http://www.westminster-abbey.org)  
  Westminster Abbey is steeped in more than a thousand years of history. It has been the coronation church since 1066 and is the final resting place of seventeen monarchs. The Abbey offers a variety of events including tours, church services, concerts, and more. Check out the website for more details! Entry for students is £15.00. All services are free.

- **Kew Gardens**  
  [www.kew.org](http://www.kew.org)  
  A visit to the Royal Botanical Gardens is a delightful way to spend a day. The best times to go are spring when there is a riot of colourful spring bulbs on show or summer when colourful bedding plants are at their best.

- **London Dungeon**  
  [www.thedungeons.com](http://www.thedungeons.com)  
  Tube: London Bridge (Jubilee and Northern Lines)  
  In the dark and dingy underbelly of the capital, the London Dungeon dwells, waiting to scare the life out of you and any willing visitors brave enough to cross the threshold! Tickets for students from £15.50 online or £22.50 on the door.

**MISCELLANEOUS INFORMATION**

- **V.A.T.**
  “VAT” means value added tax. It is the equivalent of sales tax within the U.S. In the U.K., a 20% VAT is already included in the price and is charged on almost everything. Non-EU citizens are entitled to reclaim VAT money spent but only on items bought in the U.K. within three months before they leave the country. To reclaim the VAT, you must have the retailer fill out the export documentation, Form VAT 435. Overall, reclaiming VAT is a hassle; but if you are planning to purchase expensive items while you are in London, then waiting until your last months and reclaiming the VAT may be worthwhile.

**V. TRAVEL OUTSIDE OF LONDON**

The academic calendar provides two breaks: (1) four weeks between semesters one and two and (2) one week in March. You should budget funds for whatever travelling you want to do during these breaks.
STUDENT TRAVEL AGENCIES AND ISIC CARDS
Students and under-25’s may receive especially good travel prices from student travel agencies, particularly with an ISIC Card. Two popular student travel agencies in London are Campus Travel and Council Travel. (See “TRANSPORTATION TO LONDON”)

DISCOUNT AIRLINE SERVICES
- Skyscanner
  www.skyscanner.net
- Kayak
  www.kayak.co.uk
- Last Minute Travel & Entertainment
  www.lastminute.com
- Easy Jet
  www.easyjet.com
- Ryan Air
  www.ryanair.com
- Country Airlines (Sterling (Denmark); Span Air (Spain); Air Italia (Italy); etc.)

RAIL PASSES
- Britrail Passes and Young Person’s Railcards
  Britrail passes are available only in the United States or certain other locations outside of Great Britain. The Young Person’s Railpass is often a better option.

- Eurail Passes
  If you are planning to travel to the Continent, you may want to get a Eurail Pass before you leave for London, although you can also obtain them while in London. InterRail passes are less expensive than Eurail Passes but are issued only to citizens of EU countries.

ACCOMMODATION
When traveling in Europe, most students prefer to stay in hostels; doing so will give you the true “backpacker’s” experience. Hostels vary, however most cater to younger travellers (late-teens to late-20’s) and provide a variety of services at a lower rate than traditional hotels. Rooms may be shared (large rooms with bunk beds) or private and baths may be shared or ensuite, with prices varying accordingly.

- Hostel World
  www.hostelworld.com
**Accommodation Tip**

Multiple listing hostel sites are a great way to research your trip, however before booking, check to see if the hostel has its own website through which you may be able to obtain a cheaper rate or preferable cancellation policy.

**ISH Travel Club**

The Travel Club at International Student House offers a variety of subsidized trips throughout the U.K. and Europe each semester at very low rates. This is a great way to get the most “bang for your buck” while traveling with other students living in the U.K. Most trips book fast so be sure to check the schedule as to when trip registration opens. Before reserving a trip, you must go to the ISH Events Office at 220 Great Portland Street (Tube: Great Portland Street) and register as an ISH Travel Club Member.

The schedule for ISH trips is available at [www.ishevents.org.uk](http://www.ishevents.org.uk).

**Travel Health**

Before you travel to countries outside of Europe, be sure to check vaccination recommendations/requirements and get medications for any health risks. These can be done at a local travel clinic.

- **MASTA Travel Health**
  [www.masta-travel-health.com](http://www.masta-travel-health.com)

- **Travel Doctor**
  [www.traveldoctor.co.uk](http://www.traveldoctor.co.uk)

- **Centre for Disease Control and Prevention**
  [www.cdc.gov](http://www.cdc.gov)

**Travel Guides**

The law student common room contains travel guides for London and other cities in Europe. Although some of these travel guides may not be the most up-to-date editions available, you may want to keep this resource in mind before packing several bulky travel guides for the summer.

A few guides recommended by students include:

- *Rick Steves “Best of Europe”*
- *Lonely Planet “Europe”*
VI. RECOMMENDED READING

A selection of guides and history books is located in the London Law Library and Lounge.

❖ Insights Into Being A Foreigner In England
  ▪ *Brit-think - Ameri-think*, Jane Walmsley
  ▪ *Dictionary of Britain: An A to Z of the British Way of Life*, Adrian Room
  ▪ *Englishness*, Godfrey Smith
  ▪ *Living in London*, Junior League of London
  ▪ *New to the U.K.*, Genevieve Munzier; published by Routledge and Kegan Paul Ltd.
  ▪ *Notes From A Small Island*, Bill Bryson

❖ Social and Political History
  ▪ *Contemporary British Politics, An Introduction*, Bill Coxall and Lynton Robins
  ▪ *The Lives of the Kings and Queens of England*, edited by Antonia Fraser
  ▪ *A Social History of England*, Asa Briggs
  ▪ *The English*, Jeremy Paxman

❖ London Information
  [www.allinlondon.co.uk](http://www.allinlondon.co.uk)

VII. RECOMMENDED WEBSITE

For very helpful information on moving to London (includes information as seen from an American’s perspective) see the following website which is a type of guide similar to this one and includes information on London transport and help for finding accommodation along with tons of general useful information and blogs. Highly recommended before leaving home.

[www.moove2london.co.uk](http://www.moove2london.co.uk)

(please note the double o in the word moove)