Infection Control

“Just Clean Your Hands Program”

Material for the Annual Review on Infection Control – Hand Hygiene

Presentation given at the January 2012 Staff Meeting.
JUST CLEAN YOUR HANDS PROGRAM
At Present:

- We have a policy that requires all of us to follow our Risk Management and Safety Manual which includes an Infection Control Plan (required in Orientation and an annual review.)

- To assist in carrying out our Infection Control plan, we will implement the “Just Clean Your Hands” program.
The World Health Organization is encouraging all countries and health systems to take steps to improve hand hygiene and reduce health care associated infections.

We will use this JUST CLEAN YOUR HANDS program which is an adaptation from the World Health Organization by the Ontario Ministry of Health and Long-Term Care/Public Health Division/Strategic Planning and Implementation Branch, Toronto, Canada – posted on the web with permission to use.
Please view the video by clicking on the title: 

*Your 4 Moments For Hand Hygiene*

It will open up a web page with the video.
Ontario learned it takes more than a single intervention such as a poster campaign to change hand hygiene behavior.

Just Clean Your Hands is an evidence-based, multifaceted hand hygiene program that consists of six components.
Higher hand hygiene compliance rates, fewer infections.

1. Education for health care providers about when and how to clean their hands.
2. Environmental changes and system supports—like alcohol-based hand rub at the point of care, which makes it easy for health care providers to clean their hands at the right time, and hand care programs.
3. Ongoing monitoring and observation of hand hygiene practices, with feedback to health care providers.
4. Opinion leaders and champions modeling the right behaviour.
5. Patient engagement.
6. Senior management support and commitment to make hand hygiene an organizational priority.
We would like to emphasize that this is an evaluation of our system of Infection Control thru Hand Hygiene rather than any personal evaluation.

Individual names will not be involved. This will involve all types of Health Services Staff members.
Step 1: Facility preparedness

Step 2: Baseline evaluation

Step 3: Implementation

Step 4: Follow-up evaluation

Step 5: Developing ongoing action plan and review cycle
We have started to look at our facility

- Do we have Alcohol-based hand rub at the points of care which makes it easy for our health care providers to clean their hands.
- Do we have hand lotion available to prevent dry skin?

A survey was taken of where we have hand products and facilities available. Also we have suggestions where they be put.
A survey on what our staff perceived to be our current practices and compliance was also sent out by email. We shall be looking forward to seeing it compared with the reality.

Before we finished the presentation, we asked those in attendance to answer a few questions. The answers will be part of our baseline evaluation.
Hand Rub is better than…

Hand Washing

We will be using posters and various forms of educational material to promote hand hygiene.
Another poster you will be seeing.

Your 4 Moments for Hand Hygiene

1. BEFORE INITIAL PATIENT/PATIENT ENVIRONMENT CONTACT
   WHEN?: Clean your hands when entering the patient's environment:
   • before touching patient
   • before touching any object or furniture
   WHY?: To protect the patient/patient environment from harmful germs carried on your hands.

2. BEFORE ASEPTIC PROCEDURE
   WHEN?: Clean your hands immediately before any aseptic procedure, for instance, changing a dressing, oral care, drawing blood, administering IV medication.
   WHY?: To protect the patient against harmful germs, including the patient's own germs, entering his or her body.

3. AFTER BODY FLUID EXPOSURE RISK
   WHEN?: Clean your hands immediately after an exposure risk to body fluids (and after glove removal)
   WHY?: To protect yourself and the health care environment from harmful patient germs.

4. AFTER PATIENT/PATIENT ENVIRONMENT CONTACT
   WHEN?: Clean your hands when leaving the patient's environment:
   • after touching patient
   • after touching any object or furniture
   WHY?: To protect yourself and the next patient from harmful patient germs.

www.ontario.ca/handhygiene
Please watch the following two videos. Click on the title to view:

Just Clean Your Hands - How to Hand Wash

Just Clean Your Hands - How to Hand Rub Your Hands
Observation Tool: a tool to collect data on hand hygiene performance while observing health care providers.

Analysis tool: a practical Excel workbook to calculate compliance rates easily, based on the data collected in the observation tool.

Provide Feedback and use data to create a program of ongoing awareness and correct use of Hand Hygiene
The goal is to:

- Reduce both the spread of infections and multi-resistant organisms
- Reduce the number of patients acquiring a preventable health care associated infection (HAI) by improving hand hygiene compliance.

In short...

JUST CLEAN YOUR HANDS
Please Note:
This presentation will be the Infection Control – Hand Hygiene review for 2012.

Please go to the following link to submit your name that you have viewed this presentation.

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